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Harry Black of the Pan Am Boxing Club, left, and St. Boniface Coun. Dan Vandal chat after the unveiling of artist Charlie Johnston's breakthrough work over the Pan Am Place entrance. BERNICE PONTANILLA/METRO

Pan Am Place to give at-risk youth a fighting chance

Rocky stages of life.Resident says he nearly
ended up on the street**Comeback kid****"It's like a dream come true. I was in a struggle
before I came here; now it's like, wow, some people
are so generous."** Resident Craig Houle**BERNICE
PONTANILLA**

bernice.pontanilla@metronews.ca

A transitional home in down-
town Winnipeg that gives
young men hope for the fu-
ture and places an emphasis
on athletics and employment
was officially opened on
Thursday.Harry Black, president
of Pan Am Place, which will
offer a roof and services to
young men who are homeless
or at risk of becoming home-
less, said it's "very, very satis-
fying" to see his three-year
odyssey come true.Pan Am Place will "pro-
vide a home and a family to
men in need," said Black, also
president of Pan Am BoxingClub, adding he expects the
number of residents to grow
to 15 by the year's end, with
another 15 to be added in
2014."Having it completed was
one thing, but having some
people living here is what
really makes it."Craig Houle, one of the
two first residents of Pan Am
Place, said he nearly ended up
on the street before landing a
spot there."It's like a dream come
true. I was in a struggle be-
fore I came here; now it's like,
wow, some people are so gen-
erous," said the 25-year-old,
who trains and volunteers at
Pan Am Boxing four days a

week.

"They help me build re-
sumes and cover letters; they
also help me do pre-inter-
views so I don't mess up....
This is a great place. I'm so
happy this happened to me."Houle said he hopes to be a
veteran, friend and brother to
the new guys that will be liv-
ing there in the near future.Pan Am Place received
\$398,092 in funding from the
Homelessness Partnership
Strategy, a federal govern-
ment and City of Winnipeg
program.Elmwood-Transcona MP
Lawrence Toet and Mayor
Sam Katz were on hand for
the opening.*Loved Ones***VOYAGE**

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City says Disraeli pedestrian and cycling bridge now open

Big feat. City planning a grand opening celebration 'in the near future'



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

One of the city's most anticipated pedestrian bridges is now open for cycling and walking.

The city issued an advisory late Thursday morning that the new Disraeli Active Transportation Bridge over the Red River to Henderson Highway is now accessible from Rover Avenue on the south side of the river and Midwinter Avenue on the north side of the river.

The bridge incorporates many interesting features, including being built on the piers of the old structure. Each pier has a lookout point on one side and, on the other three mounted perforated

Kinda' confused

Welcome to Wood?

Winnipeggers in the north-east part of the city were left scratching their heads after a decorative stonewall at the base of the Disraeli Bridge near Mennonite Brethren Collegiate Institute told drivers "Welcome to Wood."

The area is actually Elmwood, and residents took to social media sites to light-

heartedly complain about the new sign.

Tweeter @jillrossol wrote "yesterday when I saw that it just said 'welcome to wood' .. I was so confused."

Local resident Allan Beach wrote via Facebook, "The new sign at the north end of the Disraeli says 'Welcome to WOOD'. Should I be concerned yet?"

By Thursday morning, the wording had been corrected to "Welcome to Elmwood."



The construction fences on the Disraeli Active Transportation Bridge in this photo taken Thursday morning came off only a short while later. The bridge is now open to pedestrians and cyclists, the city says. BERNICE PONTANILLA/METRO

steel plates, for a total of 12 image plates.

The plates had begun being illuminated at night about two weeks ago.

In the press release, the city said a grand opening celebration "will be held in the near future," however, the city's website states that it will take place on Oct. 3.

The late spring had delayed the opening of the cyc-

ling and pedestrian bridge, Brad Neirnick, bridge planning and operations engineer for the City of Winnipeg, told Metro last month.

"Originally we were predicting end of July, but because of the late spring, that didn't work out," he said, adding the span will be known for now as the Disraeli AT (active transportation) bridge.

Province gives festival \$100K for repairs

The province is helping to make sure the Festival du Voyageur is able to complete an extensive renovation project at Fort Gibraltar in time for next year.

On Thursday Local Government Minister Ron Lemieux announced the Manitoba Government would pump \$100,000 into an on-going project replacing logs around the fort's walls and making

improvements to three cabins inside.

"It really needed a face-lift, the logs were rotting, the walls were starting to crumble a little bit, and it really needed to be addressed," explained Lemieux. "And quite frankly, the economic spin-offs that come from the Festival du Voyageur — I understand it's around \$12 million a

year that this brings to the City of Winnipeg and to the province — those are huge dollars."

The funding is coming from the province's Winnipeg Community Infrastructure Program, and will be added to \$123,000 already pledged from the federal government and \$12,000 raised by the festival to complete the \$235,000 pro-

ject.

Festival du Voyageur executive director, Ginette Lavack Walters, said the province's contribution couldn't have come at a better time because the project has to be finished by March 2014 in order to get the federal government's share, and work was hampered last month when thieves made off with 320 of the

fort's new logs.

"We've had to stretch our budget," she told Metro, noting the not-for-profit decided not to go ahead with an insurance claim on the stolen material. "It made more sense financially for us to replace the portions of wood that we needed to, and work with what we had in order to complete it."

SHANE GIBSON/METRO

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1 NEWS

High Five! Now that the weather has cooled down and the gourds have grown up, pumpkin is everywhere. In fact, Businessweek officially declared pumpkin as the signature flavour of Fall 2013. Here are five pumpkin-flavoured foods that don't involve lattes or pies:

ELISHA DACEY
elisha.dacey@metronews.ca

1



Pumpkin seed butter

A food that is sprouting up in health food stores, pumpkin seed butter (like peanut butter) has a bunch of nutrients like zinc and magnesium. Apparently, it tastes delicious, too.

5

pumpkin-flavoured foods



Pumpkin Pringles

Pringles launched this seasonal sweet treat to mixed reviews in the U.S. Not sure if it's available in Canada, but it can be ordered off Amazon.com for the pumpkin-obsessed.

5

Pumpkin pancakes

Winnipeggers love their pancakes, but did you know you can add pumpkin, cinnamon, and nutmeg to pancakes for a delicious and moist flapjack? Mmmmm.



2



Pumpkin beer

Craft brew aficionados will already know about pumpkin beer, but to the rest of us mainstream-drinking plebes, this is news. We'd recommend the Fort Garry Happy Jack Pumpkin Ale, but according to their website, it's already sold out.

3

Pumpkin vodka

While the pumpkin beer might be good, we're pretty sure this is a disaster. A company called Pinnacle released a pumpkin-pie flavoured vodka, which was described by one reviewer as tasting like medicine your parents made you take when you got sick. Skip this one.



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Dr. Donald Low, right, speaks during a press conference in Toronto in 2003. Low, one of the key figures in Canada's battle against SARS, has died at 68. AARON HARRIS/THE CANADIAN PRESS

Lead in T.O. SARS response dies

In memory. Infectious disease specialist was a global expert

One of the key figures in Canada's battle against SARS has died.

Dr. Donald Low, who became a trusted face and voice of the response effort, died Wednesday. Low, 68, was diagnosed with a brain tumour earlier this year.

A native of Winnipeg, Low was credited by friends and colleagues for both his contri-

bution to the SARS response and for advancing the practice of microbiology and infectious diseases across Canada.

He had a keen mind and loved to puzzle out intriguing new developments in infectious diseases. Over the course of his career he co-authored nearly 400 peer-reviewed articles for scientific journals, 41 book chapters and almost 100 invited articles.

Low was a global expert in flesh-eating disease. He was also an early and passionate champion of the need to combat antibiotic resistance by prudent use of the precious drugs.

But it was through the 2003 SARS outbreak that he became a familiar face to Canadians. While he had no formal leadership role on the response team, his capacity to explain through the media to the public what was going on in the fast-moving outbreak made Low the face of Toronto's SARS response.

Low studied at the University of Manitoba and after doing his internship and working for several years in Los Angeles, he returned to Winnipeg in 1982 as microbiologist-in-chief at St. Boniface Hospital.

THE CANADIAN PRESS

Satellite phone saves hiker travelling solo

A Winnipeg-born outdoor adventurer who broke his leg during a month-long solo hike in northern British Columbia two weeks ago says the trip would have been his last if it hadn't been for a satellite phone brought along to keep school kids up to date on his trek.

Garry Last, 58, who now lives in the foot of the Rocky Mountains just south of Hinton, Alta., was crossing a creek just two days into a month-long trek across B.C.'s Spatsizi Wilderness when the bridge snapped, sending him hurtling towards the water and rocks below.

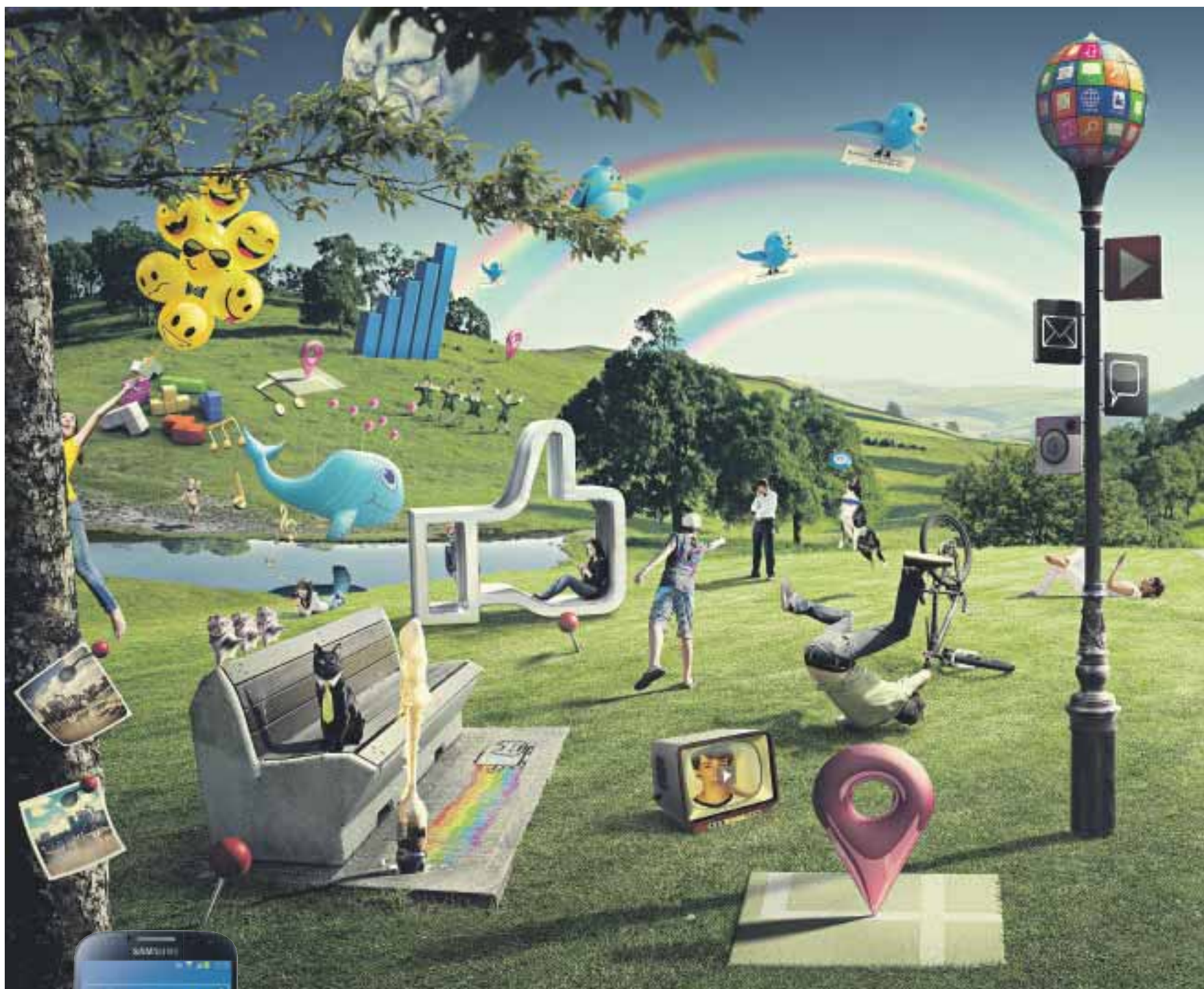
"My knee landed on a boulder and that's when it broke," recalled the veteran explorer just out of surgery at an Edmonton hospital Monday. "As soon as I hit it, I knew my knee was toast because — combined with the pain — I heard this horrible crack."

Alone with nearly 70 pounds of gear on his back, a broken leg, and just his dog to keep him company, Last quickly pulled out his phone to call for help, but had to crawl some 50 feet to get reception. Within two hours a helicopter flew in to take him out of the bush.

SHANE GIBSON/METRO



Winnipeg-born Garry Last says his satellite phone saved his life. GARRYLASTOUTDOORADVENTURES.COM



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Canada defends human-rights record at UN

Review. Envoy rejects calls for a national review to end violence against aboriginal women

Cuba, Iran, Belarus and Russia used a United Nations body Thursday to criticize Canada's human-rights record, as the Canadian envoy rejected calls to develop a comprehensive national review to end violence against aboriginal

women.

Canada was responding Thursday to the UN Human Rights Council, which is conducting its Universal Periodic Review of Canada's rights record, on a wide range of issues from poverty, immigration and the criminal justice system.

Countries have their rights records reviewed every four years by the Geneva-based UN forum, but the Harper government has been skeptical in part because it allows countries with dubious rights

records to criticize Canada. On Thursday, that happened again.

Cuba said it deplored Canada's rejection of one of its human-rights recommendations, while Iran took Canada to task for rejecting four that it had made.

Belarus blasted Canada for not doing enough to combat child prostitution, and said it should allow a series of UN special rapporteurs to come to Canada investigate various topics.

Russia said it was "bewil-

Quoted

"Canada is proud of its human-rights record, and our peaceful and diverse society."

Elissa Golberg, Canada's ambassador to the UN in Geneva

dered" that Canada rejected a recommendation related to the "brutal beating" of a Russian national in a Calgary jail cell.

Canada's ambassador to

the UN in Geneva, Elissa Golberg, offered a brief rebuttal to Belarus, saying it should allow UN rapporteurs to visit, but did not engage directly with the other countries that criticized Canada.

"Canada is proud of its human-rights record, and our peaceful and diverse society," Golberg told the session.

While no society is entirely free of discrimination, she noted, Canada has "a strong legal and policy framework for the promotion and protection of human rights, and an

independent court system."

Recommendations from those countries were among the 40 of 162 that Canada chose to reject.

That also included a rejection of a series of resolutions calling on Canada to undertake sweeping national reviews of violence against aboriginal women.

Golberg said Canada takes the issue seriously and that provincial and local governments are better suited to getting results on those issues.

THE CANADIAN PRESS

Apology. Coca-Cola cancels promotion that produced 'retard' cap

Coca-Cola issued a written apology Thursday to the Alberta family that found a vitamin water cap bearing the words "you retard" as part of a promotion the company has now cancelled.

"This word should not have been included due to the English connotations and we have taken action," David Thomson, vice-president of still beverages for Coca-Cola Canada, wrote in a Sept. 19 letter to Doug Loates. "This includes cancelling the promotion, stopping production of bottles with these caps and destroying any remaining caps within our inventory."

The nationwide promotion saw a random English word followed by a random French word written on the inside of bottle caps. "Retard" had made the list of appropriate French words, as the context was intended to mean "late."

The French word "douche," meaning shower, was also the subject of a separate complaint.

Loates, the father of Blake



Blake Loates found the words "you retard" stamped into the underside of a Vitaminwater bottle cap earlier this week. LUCY HAINES/FOR METRO

Loates, an Edmonton woman who brought the bottle cap to light earlier this week, said he was satisfied with the response from Coca-Cola and is happy with the action the company has taken to rectify the situation.

"I think they were caught off guard by this as it was a big oversight on their part," he said. "I am happy with the results and I have to believe this was an accident."

CANDICE WARD/FOR METRO



Massive, marvellous Morgan

Morgan goes for a walk along Queen Street in Toronto with owner Cathy Payne. Morgan is the world's tallest female dog, and will be entered into the 2014 Guinness World Records book. She's a five-year-old Great Dane that stands 38.6 inches tall and weighs 214 pounds.

RICHARD LAUTENS/TORSTAR NEWS SERVICE

'Racially offensive'. Ottawa football team to drop Redskins name, logo

After more than a year of pressure from Ottawa-area Ojibway musician Ian Campeau, the Nepean Redskins football team is poised to drop its name and logo in favour of a new one.

"As a community sport organization, the Club aims to provide a healthy and positive environment for the youth in our programs, encourage sportsmanship at all levels of play and instill a sense of pride and support for our community both on and off the field," Steve Dean, president of the Nepean Redskins Football Club said in a

press released issued Thursday.

According to the release, the transition is predicted to cost in excess of \$100,000 and may take a number of years.

Campeau, also known as DJ NDN in Ottawa electronic-music group A Tribe Called Red, argued Redskins is "racially offensive" and needs to change. He launched a social-media campaign last year aimed at convincing the team's president to drop the name. It fizzled months later, but was reignited this summer.

JOE LOFARO/METRO IN OTTAWA

White House

U.S. banker to be nominated as Cdn. ambassador

The White House says U.S. President Barack Obama will nominate investment banker Bruce Heyman as U.S. ambassador to Canada.

Known as a powerful fundraiser for the president, Heyman has been managing director of private-wealth management at Goldman Sachs since 1999.

Today's announcement comes despite rumours that Heyman's complex investment portfolio may have disqualified him from the job. THE CANADIAN PRESS

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Families mourn their loved ones

Bus-train crash victims.

Cause of collision that killed six at Ottawa rail crossing still in question



JOE LOFARO
Metro in Ottawa

Ottawa police released the names and ages of all six victims in Wednesday's crash between an OC Transpo double decker bus and a VIA Rail train in Barrhaven.

Numerous agencies and people in the community have been moved to express condolences to the families of the victims, and some families communicated statements about their loss through the Ottawa Police.

Friends Connor Boyd and Kyle Nash both attended John McRae Secondary School before moving on to study at Carleton University.

Boyd's friend Kayla Bennett wrote on her Facebook page: "Connor Boyd you were such an amazing person. I have known you since elementary school. Everyone knows you by your laugh or how you knew everything about everything!! I can't believe you are gone!! ... you will be missed."

Grieving wife

Terry Woodard, whose husband, David Woodard, 46, was driving the bus Wednesday, spoke with AM 640's John Oakley.

- "David was in good health. He didn't fall asleep at the wheel. He's always rested the night before he goes to work. I don't know what to say. Either he didn't see the lights or the barricade wasn't down just in time," she said.

- On Facebook, she wrote: "Today I lost my HUSBAND the love of my LIFE my best friend the father of my daughter ..."



The victims of a collision between an Ottawa bus and a train, clockwise from top left: Bus driver Dave Woodard, 45; (FACEBOOK) Karen Krzyzewski, 53; Rob More, 35; Michael Bleakney, 57; Kyle Nash, 21; and Connor Boyd, 21. OTTAWA POLICE SERVICE/THE CANADIAN PRESS

On Thursday police released a series of statements from grieving families, including Kyle Nash's: "The family of Kyle Nash are devastated by his tragic and premature death. He was deeply loved. They thank everyone for their support and ask for privacy to grieve at this time."

A statement issued on behalf of Karen Krzyzewski's family reads: "We are very saddened by the loss of Karen. She was a gentle spirit who was

caring and compassionate to others. She loved life to the fullest. Karen was the mother of two young adult children. She is survived by her parents and

a brother and two sisters. She will be mourned by family and many friends. Karen worked ... at the Library and Archives Canada. She believed that libraries

were an important part of Canadian culture ..."

No family statements were released concerning the final two crash victims; Rob More,

35, and Michael Bleakney, 57. Bleakney's LinkedIn profiles listed him as a geotechnical engineer at Public Works and Government Services Canada.

CSIS highlights 'insider threat' in wake of espionage case

Canada's spy agency is underscoring the national security threat from disgruntled federal employees after a troubled junior navy officer sold highly sensitive information to Russian intelligence.

A newly declassified analysis by the Canadian Security Intelligence Service warns that the Jeffrey Delisle case typifies the

"insider threat" — acts including espionage, unauthorized disclosure of secrets, embezzlement, sabotage and theft.

Delisle, 42, was sentenced to 20 years in prison this year after pleading guilty to passing classified western intelligence to Russia in exchange for cash on a regular basis for more than four years.

Spilling secrets

Selling secrets is "usually the last act of a long-simmering emotional crisis." A CSIS report on insider threats

"The Delisle case, while not unique among NATO-member states, highlights the risk of the 'insider threat' to Canada and the importance of protecting

sensitive information," says the February CSIS assessment.

Individuals who engage in insider espionage can be motivated by many factors, but sell-

ing secrets is "usually the last act of a long-simmering emotional crisis," CSIS says.

Delisle was experiencing financial difficulties and felt distraught over the breakup of his marriage, telling authorities he felt dead inside when he offered his services to Russia in 2007.

The Canadian Press ob-

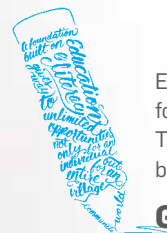
tained a heavily censored copy of the CSIS analysis under the Access to Information Act.

It cites research by the American Defence Personnel Security Research Center, which found that almost all spies were loyal and trustworthy when given their initial security clearance.

THE CANADIAN PRESS

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Spain. Baby dies on baggage conveyor belt

A five-month-old baby boy has died in an accident after being placed on a baggage conveyor belt at an airport in southeast Spain, local authorities said Thursday.

A spokeswoman for the Alicante airport management company Aena said the baby and his American mother arrived at the airport late Wednesday on a flight from London.

The baby's father, a Canadian, was waiting for them at the airport's arrivals zone when the incident happened.

A Guardia Civil spokesman told British newspaper The Independent that the investiga-

tion is still in the early stages and they are looking at CCTV footage, but it seems that it was an accident.

"The mother left the baby on the conveyor belt, which can be activated by detecting weight or by an airport employee," the spokesman said.

"It seems that the baby carrier's weight activated the belt and the child was trapped in the rollers in the drop zone."

Despite attempts to resuscitate the baby, he was pronounced dead at the scene.

Media reports said the family were in Spain for a holiday. **THE ASSOCIATED PRESS**

Rhodes Trust

Publishing tycoon donates \$120M

A Niagara Falls-born philanthropist who made his fortune with free magazines like Auto Trader has given the Rhodes Trust its largest single donation, a bequest that will transform the 110-year-old

scholarships. John McCall MacBain presented his \$120-million donation at a ceremony Thursday at Oxford University. The money from his McCall MacBain Foundation is divided into thirds: one part a straight gift, one part a matching donation and one part reserved for the other economic powerhouses.

TORSTAR NEWS SERVICE

Canadians held at gunpoint aboard ship, Greenpeace says



Tensions have been flaring between Greenpeace and Russian Coast Guard officers for some time, says Arctic campaign co-ordinator Christy Ferguson. Here, an activist is seen Wednesday attempting to climb an oil platform operated by energy giant Gazprom. **DENIS SINYAKOV/GREENPEACE/THE ASSOCIATED PRESS**

Arctic campaign foiled.

Members of the Russian Coast Guard rappelled on board and took control of the vessel

Two Canadian activists are among a group of 25 people who were being held at gunpoint aboard a Greenpeace ship, the environmental group said Thursday.

Arctic Campaign Co-ordinator Christy Ferguson said Paul Ruzyski of Port Colborne, Ont., and a man from Montreal whose name

was not released were arrested when Russian coast guard officers boarded their vessel, which Greenpeace says was in international waters.

Ferguson said at least 15 members of the coast guard used helicopters and ropes to rappel on board the Arctic Sunrise, a Greenpeace ship carrying a crew bent on protesting offshore oil drilling in the Arctic. The crew was being held in the ship's mess, she said, adding no injuries have been reported.

The incident took place Thursday as the ship was circling an oil platform in the Pechora Sea, an arm of the Barents Sea. The platform was owned by Gazprom, a Russian oil company.

Ferguson decried the incident, saying Russian authorities had no jurisdiction over a ship that was sailing in international waters and had no need to resort to threatening tactics.

THE CANADIAN PRESS

Quoted

"This was a peaceful protest against reckless industrial activity in the Arctic."

Christy Ferguson, Arctic campaign co-ordinator



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A car lays buried in mud after flooding triggered by Tropical Storm Manuel in Mexico. THE ASSOCIATED PRESS

Dozens killed by Mexico's storms

Acapulco. Tropical storm Manuel ravages nation, destroying 35,000 homes and killing over 97 people

A mass of dirt, rock and mud swept down the hillside in the remote mountain village of La Pintada, burying half the hamlet and leaving 68 people missing in its mad race to the river bed below.

It was the biggest known tragedy caused by twin weekend storms that struck Mex-

Trapped

"I screamed a lot for them to come rescue me but I never heard anything from my mother or father or my cousin."

Nancy Gomez, who was buried in the mud with her one-year-old baby

ico, creating floods and landslides across the nation and killing at least 97 people as of Thursday — not counting those missing in La Pintada after Monday's mudslide.

Villager Nancy Gomez,

21, said Thursday she heard a strange sound and went to look out the doorway of her family's house, her one-year-old baby clutched in her arms. She saw the ground move, then felt a jolt from behind as her father tried to push her to safety.

When the rain-soaked hillside gave way, it swept up Gomez in a wave of dirt that covered her entirely, leaving only a small air pocket between her and her baby.

Eventually, relatives came from a nearby house and dug her and the baby out.

THE ASSOCIATED PRESS

Jakarta, Indonesia

Mount Sinabung flares up again

More than 15,000 residents have fled a volcano that rumbled to life less than a week ago in Indonesia.

Local airlines have been warned to avoid flying near the mountain as thick ash continues to spew from its crater, an official said Thursday.

The 2,600-metre volcano erupted Sunday after being dormant for three years. Two days later volcanic ash and thick smoke were belched up to three kilometres into the air that ignited fires on its slopes. THE ASSOCIATED PRESS

Mumbai, India. Police charge five in gang rape of young photojournalist

Police in India's financial centre of Mumbai filed charges against four men and a juvenile in the gang rape of a photojournalist that fuelled further debate about women's safety after a fatal assault in New Delhi sparked mass protests.

The 22-year-old photojournalist was on assignment with a male colleague at an abandoned textile mill in Mumbai's Lower Parel area — where luxury malls and condominiums stand alongside sprawling slums — on Aug. 22 when they

were approached by several men who offered to gain permission to shoot photos in the building. Once inside, the pair was attacked. The male colleague was beaten and tied up while the attackers took turns raping the woman.

The Mumbai charges come a little more than a week after a New Delhi court sentenced four men to death for the fatal gang rape of a 23-year-old medical student on a moving bus in the capital last December.

THE ASSOCIATED PRESS



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Beauty Blogger Ellie S.



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Need some stylish body armour?

Light, yet protective.

Metro meets a Colombian who sells his armour to politicians, lawyers and celebrities

LESLIE
AGUIRRE
Metro World News

For 20 years, Miguel Caballero has been working in the body armour industry — a profession he began while working on a project as a business administration student in his native Colombia. His mother had paid \$10 for his first manufactured garment: a comfortable — and safe — leather jacket.

“One of our colleagues didn’t have a bodyguard, and didn’t wear any body armor as he found it uncomfortable. That sparked my idea to create light, yet protective clothing,” Caballero tells Metro.

Caballero, whose business is based in Mexico City, says that the United States is his main

Top-drawer clients



- Some clients of Miguel Caballero, pictured, are: Actor Steven Seagal; the head of Julian Assange’s legal team Baltasar Garzón; former Venezuelan president Hugo Chavez; and Ecuadorian president Rafael Correa.

client.

In the wake of recent school attacks in the U.S., Caballero reworked his safety apparel for adults to cater to schoolchildren: He offers bulletproof T-shirts, vests and backpacks, many of which at first glance resemble everyday clothes.

Caballero said in Mexico people have forged many of his products, resulting in what he called shoddy knock-offs.



Inside Caballero's store. METRO WORLD NEWS

“Many have tried to copy us, (and they) get falsified certifications. They are putting human lives at risk by getting to do what they cannot do.”

Caballero’s clients include state governors, local police, military and corporate professionals — but there has been criticism over allegations that

his bulletproof products were used by criminals.

“I do not know of any unauthorized third party that may have gotten their hands on our products,” Caballero said, adding that he has a background check done on his clients and only sells products to those without a criminal record.

Caballero’s website, miguelcaballero.com, sells to clients in 23 countries.

His firm has 300 employees. In Latin America, Caballero sells to all countries, while in Europe to only four.

In the Middle East his main clients are security-conscious Arab sheiks.

Would you wear armour?



Fear and lack of trust...

“No, they highlight the lack of trust we have.” Margot Vargas, 21, a student



Look after the root cause...

“No it would increase fear ... and violence.” Jesus Linares, 29



Sounds ‘weird’...

“No, besides I have never been in a dangerous position.” Antonia Kienzl, 30

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ENERGY 106

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Homeless man's honesty pays off

Big reward for a big heart. More than \$91,000 has been donated to a fund for Glen James after he turned in a backpack filled with thousands of dollars



Glen James THE ASSOCIATED PRESS

The overwhelming response to a fund set up for a Boston homeless man who turned in a backpack he found filled with more than \$40,000 in cash and traveller's cheques is a "statement to everyone in America," says the Virginia man who started the drive. In just over two days, more than \$91,000 has been donated to the fund for Glen James.

James flagged down a police officer Saturday after he found the backpack containing \$2,400 in cash and

almost \$40,000 in traveller's cheques at the South Bay Mall in Boston. The man who lost it told workers at a nearby mall store and they called police, who later returned the backpack to him.

Boston police honoured James with a special citation Monday. After reading media accounts of James' honesty, a stranger, Ethan Whittington

of Midlothian, Va., started a fund for James on the crowdfunding site gofundme.com. By early Thursday, \$91,855 in donations had been made.

Whittington, a 27-year-old accounts manager for a marketing firm, said he decided to try to raise money for James after reading about his honesty. Now Whittington says he's overwhelmed by the generosity of strangers.

"The fact that he's in the situation he is, being homeless, it blew my mind that he would do this (turn in the backpack)," Whittington said Wednesday.

"It's caught on like wildfire ever since," he said. "It's brought me a lot of hope.... This isn't only about rewarding a great guy. I think it's a statement to everyone in America. If we come together and work toward one thing and work together, then we can make it happen."

THE ASSOCIATED PRESS

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To find out more about what beverage containers can become, visit RecycleEverywhere.ca



Battles near the Great Pyramids as Egypt steps up assault on militants

Clashes. Government pushes ahead with a campaign against militants enraged by overthrow; police general shot dead

Egyptian security forces backed by armoured fighting vehicles and helicopters stormed a tourist town near the Great Pyramids that became an Islamist stronghold on Thursday, the latest in a stepped up campaign by the military-backed government to put down armed supporters of the ousted president.

As they moved into Kerdasa at around 6 a.m., the troops and policemen came under barrages of fire from gunmen on rooftops. Militants took control of the town just outside Cairo more



Egyptian security takes cover during a clash with suspected militants in the town of Kerdasa, near the Giza Pyramids, Thursday. AHMED GOMAA/THE ASSOCIATED PRESS

than a month ago amid a nationwide backlash of violence by Islamists opposed to the military coup that removed

President Mohammed Morsi and by a crackdown against his supporters that followed. A police general fell in the

first moments of the battle. Gen. Nabil Farrag had just given a pep talk to his men, preparing them to roll into

the town, when they came under gunfire. Farrag died after a bullet got past his body armour. **THE ASSOCIATED PRESS**

Analysis

Town has strategic importance

Kerdasa, once a village in an agricultural area west of Cairo that swelled into a densely populated town, carries great strategic importance.

It is a short drive from Cairo's centre and is about five kilometres from the Pyramids of Giza, Egypt's primary tourist attraction. Kerdasa itself was a popular stop on tourist itineraries because of its shops selling traditional carpets and clothes. More than 1,000 people have died since June 30.

THE ASSOCIATED PRESS

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Gen Yers aid Syrian refugees

Jordan. As their leaders dither over Syria, Western 20-somethings roll up their sleeves to help country's refugees



ELISABETH BRAW
Metro World News

Every morning, Dina El-Kassaby heads to the Zaatari, Jordan refugee camp. The enormous site, located seven kilometres across the border from Syria in northern Jordan, requires an enormous staff. It has quickly grown from nothing to housing some 150,000 Syrian refugees in one year. And they have nowhere to go.

El-Kassaby, a 22-year-old from Vancouver, is one of the surprising number of young Westerners who've opted to work there.

"There's a stereotype that refugees are lazy," she notes. "That's false as far as Syrians are concerned. There are nurses, teachers, lawyers, and truck drivers here. Almost everyone I talk to asks about work opportunities. Women are well-educated, too."

Down Zaatari's main thoroughfare, refugees have set up myriads of unofficial shops, selling everything from shampoo to wedding dresses. They call the dusty patch the "Champs Elysees."

Perhaps it's this civilized aspect of the Syrian conflict that inspires young Westerners to help: After all, until a year ago the refugees lived middle-class lives not unlike ours. Or perhaps it's the recognition that we could find ourselves in the same situa-



Dina El-Kassaby, 22, from Canada, on those living in Zaatari: "There's a stereotype that refugees are lazy. But the refugees here are nurses, teachers, lawyers, and truck drivers. Almost everyone I talk to asks about work opportunities." ELISABETH BRAW/METRO WORLD NEWS

tion. Or is it shame over the fact that 100,000 Syrians have been killed, more than 4.2 million people are displaced within Syria and two million have fled to other countries, while the West dithers over a course of action?

David Lampert, an 18-year-old from Vermont, asked his online Arabic teacher how to volunteer in Jordan, and travelled to the town of Mafraq near Jordan's border with Syria. "I just wanted to help the Syrian people," he explains as I meet him at the local church.

Mafraq, a town of 60,000, now houses some 20,000 Syrian refugees. The church, supported by Mercy Corps, an NGO, provides necessities like

food and blankets to newly-arrived families, as well as a safe space for children and parents to rest.

Canadian Haitham Betts, 23, also helps out at the church, doing odd jobs and simply spending time with the new arrivals. "Helping people when they're in a crisis situation is so important to them on a personal level," he says.

Of the UN World Food Programme's staff of 80 in Jordan, 33 are aged 35 or younger — nine of them Westerners. Mercy Corps reports that 80 per cent of its volunteers are 35 and under.

Of course, this hugely complex and fast-moving

refugee crisis isn't managed by 20-somethings. "It's important to remember that the people in charge are officials with long-time emergency experience," notes Marc Vergara, UNICEF's Head of Communications in Jordan.

And local Jordanian staff carry out a wide range of tasks, from delivering food to mounting tents. But the young Westerners are right here on the ground, providing a crucial service to thousands of desperate people.

"I want people at home to understand the horrific levels of violence going on in Syria, and how terribly difficult it is to pack up and leave," Aoife McConnell, a 27-year-old UN



David Lampert, left, 18, from Vermont, and Haitham Betts, right, 23, from Canada, help Pastor Sahawneh Nour at the Mafraq church. ELISABETH BRAW/METRO WORLD NEWS



Aoife McConnell, 27, from Ireland: "It's really tough to get the message out." ELISABETH BRAW/METRO WORLD NEWS



Refugee Agency worker from Ireland, tells me when I meet her in Mafraq.

"But it's really tough to get the message out," McConnell adds. "The reality in the world is, how can we ask people who're worried about their

own economy to give money to Syrian refugees?"

"But consider this: Every night when you go to bed, another 1,000 Syrians have made the heart-wrenching decision to leave and are crossing over the border to Jordan."

How to become an aid worker

- **Adapt & help.** You have to be willing to adapt to new living conditions. And of course you have to be willing to help. You're not a colonial manager.
- **Job surplus.** With many aid workers returning home after several years or just several months, there's plenty of turnover. That means lots of job openings.
- **Job site.** Visit reliefweb.int, which lists virtually every aid worker opening, from a communications internship at the UN Refugee Agency to multi-year postings for managers. You can search by level of work experi-

ence (hundreds of jobs are available for those with 0-3 years' experience), country and area of work. The site tells you how to apply.

- **Email.** Like UN Refugee Agency worker Aoife McConnell did, you can also send your resumé to NGOs. For the UN World Food Program, for example, email jordan.recruitment@wfp.org.
- **Pay.** NGOs typically pay a monthly salary, and a good one for the standards of the respective country. The employer often provides housing and trips back to one's home country.

Getting by at a camp hospital. With a little help from Italian friends

Above the thousands of sand-coloured tents in Zaatari flies an Italian flag. It's the Italian hospital: Seven doctors, 10 nurses and one dentist work in the modest building.

"We have around 700 patients per week," Dr. Basham Anakrih, a Jordanian surgeon, tells me as I visit.

As we speak, a man in a wheelchair is brought in by his son; he hands Anakrih a prescription that needs to be signed. The young doctor asks him a few questions and signs the form. Meanwhile, in an-

other surgical room — closed only by a curtain — a colleague of Anakrih circumcises a baby boy.

Though the hospital is small — the camp's French and Moroccan hospitals have beds — it performs a crucial service to the Zaatari camp.

"All equipment is paid for by Italy," explains Anakrih as he proudly shows me the hospital's incubator and X-ray machine.

Jordan provides the hospital staff.

ELISABETH BRAW/METRO WORLD NEWS

Analysis

"Now is a good time to get in there"



MARC VERGARA,
DIRECTOR OF
COMMUNICATIONS,
UNICEF, JORDAN

Syria and the region are Level 3 (the highest UN emergency level). That means that UN agencies worldwide are asked to supply staff, because they need people with experience in emergencies or technical skills like water and sanitation. UNICEF usually has

15 people in Jordan — now we're at 50.

The UN will make many of the staff assisting Syrian refugees permanent. Right now we're planning for the next two to three years. Of course we can only guess how many refugees will cross the border to Jordan, but our estimate is that we'll have one million refugees here next year.

Both the UN and the NGOs are looking for people with the skills I mentioned, so now is a good time to try to get in if you have the expertise. In addition to full-time staff, the UN and NGOs also have staff on a consulting basis.

Online privacy. New tool lets you opt out of some of those creepy web ads

Canadians who get spooked every time they see online advertisements that seem to be based on their web browsing history now have a tool available to stop some of the snooping ads.

The Digital Advertising Alliance Of Canada has launched youradchoices.ca, which allows web users to opt out of so-called behavioural advertising.

Behavioural advertising is typically based on web browser "cookies" — small files that get dropped on your computer with information about browsing history and habits. Advertisers can read those cookies and serve up product pitches that are targeted to individual web surfers.

Digital Advertising Alliance Of Canada chairman Bob Reaume said he's pushing for the industry to use the term "interest-based advertising" instead, since behavioural advertising has negative connotations attached to it.

"It sounds so sneaky and evil, and interest-based advertising is really what we're doing — we're just inferring what products and services a consumer might be interested in and we're serving ads for those products and services," he said.

"It's our hope that consumers will get the point that this is making advertis-

Program participants

115

The opt-out tool at youradchoices.ca currently stops consumers from receiving behavioural ads from 115 ad agencies, ad networks and companies that are participating in the program.

ing more relevant for them. Surely if there are consumers who find this objectionable then it's their absolute right and option to opt out of this type of advertising."

But unmarked behavioural ads may still be pushed to consumers by companies not affiliated with the voluntary program.

"We hope the program will be ubiquitous in a couple of years but who knows, we don't have legislative force to make people do this," Reaume said.

And opting out of behavioural ads isn't the same as opting out of advertising in general, he added. "They'll still receive random advertisements. Advertising will still be served everywhere on the Internet because that's what pays for the content," he said.

Privacy commissioner Jennifer Stoddart had been calling for a Canadian opt-out system, similar to the one that was first launched in the U.S., since 2011.

THE CANADIAN PRESS

Saint John, N.B.

Gas flare kills migrating birds

A manager at the Canaport liquefied natural gas facility in Saint John, N.B., says there's little it can do in the next few weeks to prevent more migrating birds from flying into a flare that's burning at the plant. Fraser Forsythe said the latest estimate is that about 7,500 migrating birds died while the company was burning off excess gas at the facility on Friday and Saturday.

THE CANADIAN PRESS

England

Wanna park here? Pay a conker

A firm that runs parking lots in the English cities of Leeds and Manchester is temporarily letting drivers pay with horse chestnuts, in an effort to raise awareness about emissions from automobiles.

Town Centre Car Parks has so far collected about 1,500 of the nuts, known as conkers after the traditional schoolyard game in which children try to smash them.

THE ASSOCIATED PRESS

Auto industry rebound

Investment at Ford plant raises hope of jobs

Ford's investment in the Oakville plant west of Toronto is creating hope among union members and industry watchers that more jobs may come to Canada as demand for cars rebounds to pre-recession levels. The automaker announced Thursday it was putting \$700 million in the plan with the help of government funds.

THE CANADIAN PRESS

Market Minute

DOLLAR
97.45¢ (-0.38¢)

TSX
12,926.78 (-4.62)

OIL
\$106.39 US (-\$1.68)

GOLD
\$1,369.30 US (+\$61.70)

Natural gas: \$3.71 (no change)
Dow Jones: 15,636.55 (-40.39)



From left, restaurateurs Claudio Aprile, Michael Bonacini and Alvin Leung will put home chef contestants through their paces on the new television show MasterChef Canada, debuting in the winter of 2014. COURTESY CTV

MasterChef Canada announces judges

Broadcast. Homegrown version of the Gordon Ramsay hit show will debut in winter 2014

Three high-profile chefs were literally bursting with excitement during their first day on the set as judges for the new TV show MasterChef Canada.

Restaurateurs Michael Bonacini, Claudio Aprile and Alvin Leung will put home chef contestants through their paces in the Canadian version of the Gordon Ramsay hit, expected to debut on CTV in the winter of 2014, the network announced Thursday.

"It was incredible. It was lightning in a bottle," Claudio Aprile, the owner and creative force behind the Orderfire Restaurant Group, which includes Toronto's Origin brand restaurants, said during a break on Monday.

"The best part was finally just getting on camera, getting into wardrobe and really becoming part of this incredible experience."

The Uruguay-born chef who grew up in Toronto has some television experience, "but this is the biggest by far."

CTV put out a call for audi-

Big deal

"The big difference here is just the enormous scale that this production is on.... It's a scale I don't think anyone has ever seen here in Canada, which really sets it apart." Restaurateur and MasterChef Canada judge Michael Bonacini, whose Oliver and Bonacini restaurants have 11 Ontario locations.

tions in June and thousands of home cooks vied to be on the show. It will be up to the trio of judges to put the contestants through individual and team-based cooking challenges.

Bonacini said the contestants have gotten this far "because they're damned good cooks, good home cooks, and part of our role is to whittle that down and then work with them by mentoring, our guidance, our commentary, our criticism and build them up to one of them becoming the first ever MasterChef Canada."

Leung, a self-taught Michelin-starred chef who's also a professionally trained engineer, said he may show the home cooks his tough side gleaned from growing up in Toronto in a family of Asian immigrants whose parents pushed them to succeed.

"I think I'm going to use the same approach for the contestants because I think I'm going to push them beyond the

limit. I'm going to make them cry. But at the end of the day I hope they understand it and they love me for it," said Leung, who owns Bo Innovation in Hong Kong and Bo London in England.

However, Aprile planned to use the same care and compassion for the home cooks that he has when mentoring his own team.

"One thing that really appeals to me about MasterChef is that it isn't a program about humiliating the contestants, the home cooks; rather, it's really about pulling out what they have inside of them," he said.

"At the end of the day all three of us started off as home cooks and I think that is where we fell in love with cooking and I think it's exciting to be in an opportunity to be in front of the country where we can potentially find another great chef or perhaps many other great chefs." THE CANADIAN PRESS

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AMERICA'S GOT A FEW SOLUTIONS

1 Cop-foolery. A North Vancouver RCMP officer was fined this week for an incident that occurred last February when he was clocked, while off-duty, driving at such high speeds that West Vancouver police were called in to assist. Const. Michael Milo Arbulic eventually stopped and revealed he was merely playing a prank on fellow police officers, reinforcing what some of us already know: Cops are hilarious!

2 Star gazing. A paper published in Monthly Notices of the Royal Astronomical Society revealed a star from which a magnetically driven jet is creating a fascinating planetary nebula. The most surprising thing about this is the existence of a publication called Monthly Notices of the Royal Astronomical Society.

3 Designer genes. Next month, the U.S. Food and Drug Administration will hold a two-day public meeting to discuss genetic modification of the human egg. The conversation will revolve around "oocyte modification" involving material



THE METRO LIST
Mike Benhaim
metronews.ca

from a second woman, enabling offspring to carry DNA from three parents. As usual, this probably started somewhere with one guy trying to convince two women to have sex with him at the same time.

4 Parental misguidance. A study released by Safe Kids Worldwide showed that one in four parents have driven with children improperly secured in their car seats. Another two out of four have just thought about it.

5 In-line gaming. Consumers lined up overnight for a copy of the long-awaited Grand Theft Auto V. Tensions mounted as gamers grew anxious over spending so many hours in queue, which would have otherwise been spent playing Grand Theft Auto IV.

6 Bust-a-cap-puccino. Starbucks is asking customers not to bring guns into its shops. Not an outright ban, but a friendly request that makes sense in a store where people wait in long lines to load up on overpriced, caffeinated beverages that require a glossary to order. "Give me my grande, non-fat,

double-caf, extra-foamy mochalacachino now!"

7 Beavertails. Foodies are apparently using an exotic vanilla-like flavouring found among the anal secretions of beavers. This is huge news for people who would rather hunt down a nocturnal, semi-aquatic rodent and negotiate entry into its holiest of holies to achieve that almost-vanilla taste, than to just buy vanilla in a store.

8 This week in music. In 1983, Kiss was on MTV to promote the release of Lick It Up, where they appeared sans make-up for the first time. Thousands of women seeing the real Gene Simmons leapt to their feet shouting, "That's who I slept with?"

9 America got tricked. Kenichi, the winner of America's Got Talent, gets a chance to headline his own show in Las Vegas and a prize of \$1 million ... over the next 40 years! That's right. For those who don't read the fine-print disclaimer, that's \$25,000 a year, or a job washing restrooms at Denny's without a raise for the rest of your life. Thanks, AGT. They couldn't have done that without you.

Follow The Metro List on
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ZOOM

Found by Indiana 'Bones'



PAUL KOUDOUNARIS/REX FEATURES

Jewel-encrusted skeletons discovered

A relic hunter has lifted the lid on a macabre collection of 400-year-old jewel-encrusted skeletons unearthed in churches across Europe. Art historian Paul Koudounaris has hunted down and photographed dozens of gruesome skeletons in some of the world's most secretive

religious establishments.

This decorated skeleton of the martyr Valerius, pictured, was discovered in the Roman Catacombs and transferred in the 18th century to the Church of Saint Peter and Paul in Weyarn, southeast Germany.

"Weyarn has only one jewelled full-skeleton relic, but when it is this good you really don't need any others," says Koudounaris. **METRO**

Photographer's viewpoint

"I was writing a book on charnel houses when I came across these skeletons. As I discovered more about them I had this feeling that it was my duty to tell their fascinating story."

Paul Koudounaris, Los Angeles-based art historian

They are just part of the community

Koudounaris underscores how the skeletons had more of a civil duty than a spiritual function.

"They were thought to be miraculous and really solidified people's bond with a town. This reaffirmed the prestige of the town," he said. **METRO**

Clickbait



HANNAH ZITNER
hannah.zitner@metronews.ca

Don't do it for the Vine. That's the message Obi Nwosu wants to get out after a failed attempt at jumping over a moving car (à la Kobe Bryant) left him the laughing stock of the Interwebs. While it's hard to pity someone who risks his ability to walk for the sake of a six-second laugh, you gotta give the guy some credit for creativity. But let's not single this fool out — there are plenty of other Vine users getting creative without getting crushed.

Pinot:

This stop-motion artist is as close as they come to a professional "viner." And if six seconds isn't enough, find more of his work at pinoditart.blogspot.ca.

Meagan Cignoli:

Fashion photographer by day, Cignoli

knows her way around a camera. And it shows.

Yves Das:

The Belgian artist was making vids long before Vine was a thing, which is clear after one glance of his feed mostly featuring his mini motorcycle getting up to trouble.

Twitter

@metropicks asked: A new site lets you opt out of behaviour-based web ads. Should companies ask permission before tracking your web history?

@_sir: Companies need to stop hiding behind their TOS, actually ask individuals permission and maybe even pay us

@Canucklehead_ca: Meh. The internet is the same as real life. You get lost and/or go down enough 'dark alleys' — people will stop following you.

@DrDust: The simple answer -

he—yes!!

@snobiwan: It's not that different from mall shopping, where you carry bags with the names of the stores where you've made purchases. ...but imagine if the Wal-Mart greeter got to look through all the receipts in your purse.

@HiddenConXept: They should because really do you want to let someone out there know what you like or what u do on the main frame? #PrivacyFirst

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Don's Photo

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Synopsis

Keller and Grace Dover (Hugh Jackman and Maria Bello), Franklin and Nancy Birch (Terrence Howard and Viola Davis) and their kids spend Thanksgiving together. After dinner the youngest members of the family, Anna Dover (Erin Gerasimovich) and Joy Birch (Kyla Drew Simmons) go for a walk and never return. The police, led by Detective Loki (Jake Gyllenhaal), arrest a suspect, Alex Jones (Paul Dano) who Keller is convinced is guilty. When Alex is released, Keller takes matters into his own hands. Kidnapping Jones, he tries to beat a confession out of him. When that doesn't work his methods escalate.

- Richard: ●●●●●
- Mark: ●●●●●



Hugh Jackman pulls out claws of a different kind for *Prisoners*. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



How far would you go?

Prisoners.

Hugh Jackman shines as a volatile vigilante in this film about fractured families searching for justice

Richard: Mark, *Death Wish* — the Charles Bronson revenge drama — painted its main character as a vigilante hero, someone who evened the score when the police couldn't. *Prisoners* isn't as cut and dried. It asks the question, how far would you go to get the information you need to protect your family? As played by Hugh Jackman, Keller Dover is a conflicted man.

I think he knows what he's doing is wrong, but doesn't see a choice. Either way, it's going to get audiences talking about the ethics of vigilantism. What did you think?

Mark: There will be a lot of debate about the rougher scenes in this film. But it's a debate that has been in the news all through Jack Bauer's similar dilemma in 24 and the American waterboarding controversy. It probably goes back to Machiavelli and his "ends justifies the means" dictum. But no matter which side you are on this is a gripping thriller that didn't let me go for its full two and a half hour running time.

RC: It is good stuff, but it al-

most felt like two movies to me. The first hour-and-a-half is a good family drama about a man pushed to extremes after the disappearance of his daughter, while the last hour feels different. I don't want to give anything away, but it becomes more like an episode of *Criminal Minds* than the first part. I enjoyed both halves, but I preferred the complexity of the family drama.

MB: I guess the long first half gives it the depth so the second half feels more than an episode of *Criminal Minds*. It requires great acting, which it has, although seeing Hugh Jackman in the lead, I kept expecting him to burst into song in the first half hour. Did you like Paul Dano?

Should he send Brad Dourif a cut of his paycheck?

RC: I thought the performances were uniformly strong. We're used to seeing Jackman differently — as a superhero or as a 19th century balladeer — but here he's really volatile and powerful. Dano takes a tough, thankless role and in the little screen time he isn't chained up or worse (no spoilers here!) keeps us wondering about the guilt or innocence of his character.

MB: There are a lot of plot twists in this movie and Dano's character is only one of them. This is the kind of movie you should see with an empty bladder because you won't want to miss any tricks.

2 SCENE

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Drama

**Battle of the Year****Director.** Benson Lee**Stars.** Josh Holloway, Chris Brown

In what is a fictional reimagining of his own documentary Planet B-Boy (which he conveniently references throughout), Benson Lee's *Battle of the Year* tells the story of an American breakdancing "dream team" who compete against odds for the world's title. With predictably formulaic plotting and characters as cardboard as a breakdancer's podium, *Battle* at least has some amazing dance and choreography. It's just too bad those sequences appear edited together by a speed-freak with a penchant for cutaways.

STEVE GOW

Comedy

**The Art of the Steal****Director.** Jonathan Sobol**Stars.** Jay Baruchel, Kurt Russell, Matt Dillon

Crunch and Nicky Calhoun (Kurt Russell and Matt Dillon) are brothers and art thieves who haven't worked together since Nicky snitched on Crunch and sent him to prison. Years later they team up to steal one of the world's rarest books, but will the job lead to more double-crossing? Or a taste of revenge? Jay Baruchel and Terence Stamp co-star in this twisty-turny movie that mixes laughs with intrigue, crime with revenge to present an original and offbeat heist flick.

RICHARD CROUSE

Documentary

**Salinger****Director.** Shane Salerno**Stars.** Philip Seymour Hoffman, Edward Norton

Documentaries on artists need not necessarily resemble their subjects' work. But it's unlikely that there's a film about J.D. Salinger that the author would have hated more than *Salinger*, stylistically speaking. This is a standard expository doc of overly dramatic music cues, filled with constant inserts of an actor furiously typing away while chain-smoking. It's the kind of film that would have inspired rude words from his most signature creation.

MATT PRIGGE

He's one spicy meatball once again

Bill Hader. Former SNL star has had a few big life changes — so it's nice to go back to a familiar role

**NED EHRBAR**

Metro World News in Hollywood

Bill Hader is adjusting to life after Saturday Night Live and as a recent New York-to-Los Angeles transplant. Luckily there's some familiar territory to ground him, like his latest, *Cloudy with a Chance of Meatballs 2*, the followup to his hugely successful 2009 animated film. Now if only he could get some credit at home for the franchise.

This isn't your first animated film. How've you found voice acting?

All you do is just yell all your lines, every single one. All my lines in this movie, I'm screaming — even when it's a very nice intimate moment



Cloudy With a Chance of Meatballs 2 opens next Friday. CONTRIBUTED

with me and Sam Sparks. I've been doing voice work for a while and I love it. ... And now that I have kids it's great — when they'll recognize that it's me. Eventually.

Eventually?

My four-year-old loves the first movie but won't accept that that's me as Flint. I'll be like, "That's Daddy!" And she looks at me like, "No it's not. You're crazy." I just hope maybe when

she sees this one that she realizes it's actually her dad, because she loves Flint Lockwood, and my wife and I are like, "That's your father."

How has the move from New York to L.A. been?

We just got out with the kids and everything. It's crazy. It's all right, it's just been really intense because my wife had a movie coming out this summer.

Doing justice to a Wilde romance

Rush. Olivia Wilde wanted to show the love model Suzy Miller had for James Hunt during their short marriage

**NED EHRBAR**

Metro World News in Hollywood

happy to show up for *Rush* — even if her part only took nine days to film — just to get a chance to be directed by Ron Howard. In the film, Wilde plays Suzy Miller, a high-society fashion model briefly married to Formula 1 driver James Hunt (Chris Hemsworth). Nice work if you can get it.

You don't get a lot of screen time to get this character across.

Yeah, she's there to serve a purpose — I think to show a bit of James Hunt's personal life, which was tumultuous. I loved the way that he charmed Suzy. She wasn't just impressed by his fame or looks, it was the way he approached her with such fearless romanticism. She's a really interesting woman. She remembers James very fondly, which was a big clue for me. I wanted to do justice to the love story that I believe existed between them. She had a great career and certainly didn't marry him for his money. They married out of a spontaneous romantic spirit, and I really wanted that to show. I think in retrospect she really loved him and was glad they had that time together.

You're playing a famous woman who has to deal with a lot of attention from the press and paparazzi, something you do quite well in

What Wilde wants

Wilde says she'd love to get into directing. "I made a short years ago. It was my first foray into it and it kind of gave me confidence to do it again in a bigger way," Wilde says of stepping behind the camera. "It let me know that I've never been happier than when I was on set directing. It just finally felt like I put on shoes that fit. I was determined to do it again, but with the right story that I wrote — it must be a different skill to direct someone else's script. I would like to try that, but I think the next one will be something I write. I'm working on that now."

your own life.

I try. I think maintaining an outsider's perspective of it is important, understanding how odd it is and not letting

Olivia Wilde plays model Suzy Miller in *Rush*, which opens next Friday. CONTRIBUTED

it feel like a personal attack on you but understanding it as its own bizarre industry — and a necessary evil for certain parts of this job. But the darker side of that, the kind of stalking, is just strange. I think you have to maintain a sense of humour about it or you'll go crazy. I think I get it easier than a lot of other people, so I try not to complain. But there are moments when you're

just overwhelmed by it. But who knows? My hope is that with social-networking and Facebook culture everybody's turning themselves into a celebrity, and maybe the complete lack of privacy for everyone will backfire and people won't support the industry that specializes in stalking.

That would be nice.

Yeah, it could happen.

It's very weird; I've now developed a sense — I can hear a shutter from a really long distance. It would be wiser for them to have silencers because that's usually how I figure out where they are. It's an interesting thing because if I'm with my sister I'll say, "Wait..." and I can hear it and she can't. I'm like a dog with a whistle; it's pathetic.

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 5 TO THURS., JULY 11 TIMES ARE SUBJECT TO CHANGE.

Cinema City McGillivray
2190 McGillivray Blvd.

2 Guns (14A) Fri 4:30-7:25 Sat 1:25-3:55-7:05 Sun 4:05-6:45 Mon 4:25-7:25 Tue 4:30-7:25 Wed 4:25-7:25 Thu 4:30-7:25
Elysium (14A) Fri 9:30 Sat 9:40 Sun-Thu 9:30
The Family (14A) Fri 4:45-7:30-10:15 Sat 1:50-4:30-7:30-10:10 Sun 1:50-4:30-7:30-10:20 Mon-Thu 4:45-7:30-10:15 Fri 7:30-10:45 Sat 3:30-7:30-10:45 Sun 3:30-7:30-10:35 Mon 7:30-10:35 Tue 7:30-10:45 Wed-Thu 7:30-10:35
Insidious: Chapter 2 (14A) Fri 5-7:45-10:20 Sat-Sun 2:30-5-8-10:30 Mon 5-7:40-10:20 Tue-Wed 5-7:45-10:20 Thu 5-7:40-10:20
Lee Daniels' The Butler (14A) Fri 4:05-7-10 Sat-Sun 1:20-4:10-7-10 Mon-Thu 4:05-7-10 Fri 7-10:20 Sat 3:50-7-10:20 Sun 3:50-7-10:15 Mon 7-10:15 Tue 7-10:20 Wed-Thu 7-10:15
Planes (G) Fri 4:15 Sat 1:20 Sun 1:55 Tue 4:15
Planes 3D (G) Fri 6:40 Sat 3:45-7:10 Sun 4:30-7:15 Mon 4:15-6:40 Tue 6:40 Wed-Thu 4:15-6:40
Prisoners (18A) No Passes Fri 4-7:15-10:30 No Passes Sat-Sun 2:45-6:45-10:15 No Passes Mon 4:20-7:45 No Passes Tue 4-7:15-10:30 No Passes Wed-Thu 4:15-7:45 No Passes Fri 6:30-9:55 No Passes Sat-Sun 3-6:30-9:55 No Passes Mon-Thu 6:30-9:55
Riddick (18A) Fri 4:10-7:20-10:05 Sat-Sun 1:40-4:25-7:15-10:05 Mon 4:10-7:20-10:05 Tue 4:10-7:20-9:55 Wed 4:10-9:55 Thu 4:10-7:20-9:55
Swan Lake Mariinsky Live 3D (STC) Sun 12:55
We're the Millers (14A) Fri 4:20-7:10-10:10 Sat 1:30-4:20-7:45-10:25 Sun 1:25-3:55-7:05-10:10 Mon-Thu 4:20-7:10-10:10
The World's End (14A) Fri 10 Sat-Sun 9:45 Mon 10:10 Tue 10:05 Wed-Thu 10:10

Cinema City Northgate
1399 McPhillips Street

The Conjuring (14A) Fri 10:10 Sat-Sun 10:15 Mon-Thu 8:35
Ekstra (PG) Fri 6:50-9:35 Sat-Sun 1-3:45-6:50-9:35 Mon-Thu 5:20-8:05 Iron Man 3 3D (PG) Fri 9:30 Sat-Sun 10:10 Mon-Thu 8
Jobs (PG) Fri 7:15-10:05 Sat-Sun 1:40-4:30-7:20-10:15 Mon-Thu 5:55-8:40 The Lone Ranger (PG) Fri 7-10:15 Sat-Sun 1:20-4:40-8 Mon-Thu 5:30-8:45 Man of Steel 3D (PG) Fri-Sun 10 Mon-Thu 8:45
Pacific Rim (PG) Sat-Sun 1:15 Pacific Rim 3D (PG) Fri 6:55-9:50 Sat-Sun 4:10-7:05-10:05 Mon-Thu 5:25-8:20 Shuddh Desi Romance (PG) Fri 7:20 Sat-Sun 1:30-4:20-7:10 Mon-Thu 5:45 Turbo (G) Sat-Sun 12:50-3:10 Turbo 3D (G) Fri 7:10 Sat-Sun 5:30-7:50 Mon-Thu 5:40
Viyah 70 KM (G) Fri 7:05 Sat-Sun 1:10-4:05-7 Mon-Thu 5:50
The Way Way Back (PG) Fri 7:25-9:55 Sat-Sun 1:50-4:25-6:55-9:20 Mon-Thu 5:35-8-10

Cinematheque
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The Human Scale (G) Fri 7
The Manor (STC) Sat 7 Sun 2 Thu 7
No Films Showing Today (STC) Mon-Tue
Tiny Furniture (STC) Fri-Sat 9 Sun 7 Thu 9

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The Conjuring (14A) Fri 10:10 Sat-Sun

10:15 Mon-Thu 8:35
Ekstra (PG) Fri 6:50-9:35 Sat-Sun 1-3:45-6:50-9:35 Mon-Thu 5:20-8:05 Iron Man 3 3D (PG) Fri 9:30 Sat-Sun 10:10 Mon-Thu 8
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Viyah 70 KM (G) Fri 7:05 Sat-Sun 1:10-4:05-7 Mon-Thu 5:50
The Way Way Back (PG) Fri 7:25-9:55 Sat-Sun 1:50-4:25-6:55-9:20 Mon-Thu 5:35-8-10

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Insidious: Chapter 2 (14A) Fri 7:20-9:50 Sat-Sun 1:30-4:10-7:20-9:50 Mon-Thu 5:45-8:20
One Direction: This Is Us - Extended Fan Cut (G) Sat-Sun 1:40
One Direction: This Is Us 3D - Extended Fan Cut (G) Fri 7:10-9:45 Sat-Sun 4:20-7:10-9:45 Mon-Thu 5:40-8:15
Percy Jackson: Sea of Monsters (PG) Fri 6:50-9:30 Sat-Sun 1:20-3:50-6:50-9:30 Mon-Thu 5:50-8:30
Prisoners (18A) No Passes Fri 7-10:15 No Passes Sat-Sun 3:40-7-10:15 No Passes Mon-Thu 5:20-8:40
Riddick (18A) Fri 7:30-10:15 Sat-Sun 1:50-4:30-7:30-10:15 Mon-Thu 6-8:45 We're the Millers (14A) Fri 7:40-10:10 Sat-Sun 2-4:40-7:40-10:10 Mon-Thu 5:30-8:40

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Blue Jasmine (PG) Dolby Stereo Digital Fri 3:35-6:40-9:20 Dolby Stereo Digital Sat-Sun 12:35-3:35-6:40-9:20 Dolby Stereo Digital Mon-Thu 3:35-6:40-9:20 The Family (14A) Dolby Stereo Digital Fri 3:45-7-9:55 Dolby Stereo Digital Sat-Sun 12:45-3:45-7-9:55 Dolby Stereo Digital Mon-Thu 3:45-7-9:55
In a World... (PG) Dolby Stereo Digital Fri 3:55-6:55-10:05 Dolby Stereo Digital Sat-Sun 12:55-3:55-6:55-10:05 Dolby Stereo Digital Mon-Thu 3:55-6:55-10:05
Insidious: Chapter 2 (14A) Dolby Stereo Digital Fri 4:05-7:15-10 Dolby Stereo Digital Sat-Sun 1:05-4:05-7:15-10 Dolby Stereo Digital Mon-Thu 4:05-7:15-10
Lee Daniels' The Butler (14A) Dolby Stereo Digital Fri 3:25-6:50-9:50 Dolby Stereo Digital Sat-Sun 12:25-3:25-6:50-9:50 Dolby Stereo Digital Mon-Thu 3:25-6:50-9:50
Prisoners (18A) Dolby Stereo Digital, No Passes Fri 3:15-6:35-9:40 Dolby Stereo Digital, No Passes Sat-Sun 12:15-3:15-6:35-9:40 Dolby Stereo Digital, No Passes Mon-Thu 3:15-6:35-9:40
Rush (STC) Dolby Stereo Thu 10:05 Salinger (PG) Dolby Stereo Digital Fri 3:40-6:30-9:30 Dolby Stereo Digital Sat-Sun 12:40-3:40-6:30-9:30 Dolby Stereo Digital Mon-Thu 3:40-6:30-9:30
We're the Millers (14A) Dolby Stereo Digital Fri 3:50-7:05-9:45 Dolby Stereo Digital Sat-Sun 12:50-3:50-7:05-9:45 Dolby Stereo Digital Mon-Tue 3:50-7:05-9:45 Dolby Stereo Digital Wed 3:50-9:45 Dolby Stereo Digital Thu 3:50-7:05

Closed Circuit (PG) Fri 7:15-9:45 Sat-Sun 1:15-3:30-7:15-9:45 Mon-Thu 7:15-9:45
The Family (14A) Fri 7:15-9:45 Sat-Sun 1:15-3:45-7:15-9:45 Mon-Thu 7:15-9:45 Getaway (PG) Fri 7:15-9:30 Sat-Sun 1:30-3:45-7:15-9:30 Mon-Thu 7:15-9:30
Insidious: Chapter 2 (14A) Fri 7-9:30 Sat-Sun 1:15-3:45-7-9:30 Mon-Thu 7-9:30
Prisoners (18A) Fri 6:30-9:45 Sat-Sun 3-6:30-9:45 Mon-Thu 6:30-9:45
Riddick (18A) Fri 7-9:45 Sat-Sun 1-3:45-7-9:45 Mon-Thu 7-9:45
Rush (STC) Thu 8
The Smurfs 2 (G) Sat-Sun 1-3:30
We're the Millers (14A) Fri 7-9:30 Sat-Sun 1-3-30-7-9:30 Mon-Thu 7-9:30
The World's End (14A) Fri-Wed 7-9:30

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Anchorman (14A) Mon 7 Wed 9:30 The Art of the Steal (14A) Fri-Sat 12:45-3:15-5:35-8:05-10:35 Sun-Tue 3:15-5:35-8:05-10:30 Wed 1-3:15-5:35-8:05-10:30 Thu 3:15-5:35-8:05-10:30
Battle of the Year 3D (PG) Fri-Thu 1:55-4:40-7:30-10:10
Coraline (PG) Sat 11
Despicable Me 2 (G) Fri 2:10 Sat 11:35-2:10 Sun-Thu 2:10
Despicable Me 2 3D (G) Fri-Sat 4:40-7:25 Sun-Wed 4:45-7:25 Thu 4:45
Elysium (14A) Fri-Sat 5:20-8-10:45 Sun 4:30-7:10-9:50 Mon 4:30-9:50 Tue-Thu 4:30-7:10-9:50
Exhibition: Munch 150 (STC) Sat 4
The Family (14A) Fri 2:40-5:20-8-10:40 Sat 12:10-2:40-5:20-8-10:40 Sun-Tue 2:40-5:05-7:50-10:25 Wed 5:05-7:50-10:25 Thu 2:40-5:05-7:50-10:25 Star & Strollers Screening Wed 1
Insidious: Chapter 2 (14A) Fri 12:25-3-5:35-8-10-10:45 Sat 11:40-2:15-4:55-8-10-10:45 Sun-Thu 2:35-5:10-7:45-10:20
Lee Daniels' The Butler (14A) Fri-Sat 1:15-4:15-7:15-10:15 Sun-Tue 1:15-4:05-7-9:55 Wed 1:15-4:05-7 Thu 1:15-4:05-7-9:55
The Mortal Instruments: City of Bones (PG) Fri 2:20 Sat 11:20-2:20 Sun-Thu 1:25
National Theatre Live: Othello (STC) Thu 7
One Direction: This Is Us - Extended Fan Cut (G) Fri 4:50-10:05 Sat 10:05 Sun-Thu 4:25-9:30
Percy Jackson: Sea of Monsters (PG) Fri-Sat 12:25 Mon-Wed 2:55 Thu 1:30
Percy Jackson: Sea of Monsters 3D (PG) Fri-Sat 2:55-5:25-7:55-10:25 Sun-Wed 5:25-7:55-10:25 Thu 4:10-6:45
Planes (G) Fri 2:15-7:30 Sat 11:15-1:35-7:30 Sun-Thu 1:55-7
Prisoners (18A) No Passes Fri-Sat 12:40-4-7:20-10:40 No Passes Sun-Thu 3:10-6:50-10:15
Riddick (18A) Fri 1:50-4:45-7:40-10:30 Sat 11-1:50-4:45-7:40-10:30 Sun 1:50-4:45-7:40-10:30 Mon 1:35-4:15-7:05-9:30 Tue 1:50-4:45-7:40-10:30 Wed 1:20-4:05-6:45-10:30 Thu 1:15-4-7:40-10:30
Rush (STC) No Passes Thu 9:30
Swan Lake Mariinsky Live 3D (STC) Sun 12:55
We're the Millers (14A) Fri 2:10-4:50-7:35-10:20 Sat 11:30-2:10-4:50-7:35-10:20 Sun-Thu 2:10-4:50-7:35-10:20
The Wizard of Oz: An IMAX 3D Experience (STC) Fri 12:20-2:45-5:15-7:45-10:15 Sat 12-2:30-5-7:30-10 Sun-Thu 2:30-5-7:30-10
The Wolverine (14A) Fri-Sat 1:05 Sun-Thu 1:15
The Wolverine 3D (14A) Fri-Sat 4:05-7:05-10:05 Sun-Thu 4:10-7:05-10:05
The World's End (14A) Fri-Wed 9:55



Riddick CONTRIBUTED

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Battle of the Year (PG) Fri-Thu 2:10-4:50-7:30-10:05
Coraline (PG) Sat 11
Despicable Me 2 (G) Fri 2:10 Sat 11:30 Sun-Wed 2:10 Star & Strollers Screening Thu 1
Despicable Me 2 3D (G) Fri 4:30-7:10 Sat 11:05-1:55-4:25-6:50 Sun-Thu 4:30-7:10
Elysium (14A) Fri-Tue 4:35-9:50 Wed 4:35-10:10 Thu 4:35-9:50
The Family (14A) Fri-Thu 2:20-5-7:40-10:15
Insidious: Chapter 2 (14A) Fri 2:50-5:20-7:50-10:30 Sat 12:20-2:50-5:20-7:50-10:30 Sun-Thu 2:50-5:20-7:50-10:30

10:20 Sun-Thu 2:50-5:20-7:50-10:30
The Mortal Instruments: City of Bones (PG) Fri 9:40 Sat 9:20 Sun-Thu 9:40
One Direction: This Is Us - Extended Fan Cut (G) Fri 2:45 Sat 12:10 Mon-Thu 2:45
One Direction: This Is Us 3D - Extended Fan Cut (G) Fri 5:15-7:45-10:10 Sat 2:45-5:15-7:45-10:10 Sun-Thu 5:15-7:45-10:10
Percy Jackson: Sea of Monsters (PG) Fri 2:05-7:15 Sat 11:35-2:05-7:15 Sun-Tue 2:05-7:15 Wed 2:05 Thu 7:15 Star & Strollers Screening Thu 1
Planes (G) Fri 2:30 Sat 11:45-12:15 Sun 12:30 Mon-Wed 2:30 Thu 2:40

Planes 3D (G) Fri 4:45-7:05 Sat 2:30-4:45-7 Sun 2:40-4:45-7:05 Mon-Wed 4:45-7:05 Thu 4:55-7:20
Pompeii From the British Museum (PG) Wed 7
Prisoners (18A) No Passes Fri 3:30-7-10:20 No Passes Sat 12:30-3:50-7:10-10:30 No Passes Sun 12:25-3:40-7-10:20 No Passes Mon-Thu 3:30-7-10:20
Riddick (18A) Fri-Thu 2-4:40-7:35-10:25 Swan Lake Mariinsky Live 3D (STC) Sun 12:55
We're the Millers (14A) Fri 2-4:40-7:25-10 Sat 11:20-1:50-4:30-7:20-10 Sun-Tue 2-4:40-7:25-10 Wed 2-4:25-7:25-10 Thu 2-4:40-7:25-10

SilverCity St. Vital

Christina Hendricks. Mad Men star hoping to mix up winning Emmy concoction



Mad Men's Christina Hendricks is up for an Emmy Sunday. CONTRIBUTED

Maybe one day, if you are very lucky, actress and noted hostess Christina Hendricks will invite you over for a party at her Los Angeles home. But, in all likelihood, she won't (sorry, dreams). So it was up to us to ask the Mad Men actress how she earned such a good reputation as a hostess — so in the know, she doesn't fear last-minute hosting duty. In fact, she embraces it.

"We entertain quite often," she says of life with husband, actor Geoffrey Arend, whom she married in 2009. "I like to have things always ready to go on our bar — nice cocktail napkins, nice glassware, straws and my backup supply of whatever," she says of her Boy Scout "always be prepared" style of hostessing. "I'll run down to the corner market and see what's in season so we can whip up a few hors d'oeuvres super fast or maybe use in a special cocktail we'll create for that evening. I'll have a full bar set up and put on some good music and hope it will be a good party."

Hendricks admits she likes treating her friends, so she doesn't always ask them to bring a bottle or a dish (reason No. 345 we

should all be friends with her). "I think it's important to have a little gesture of one little dish or appetizer or drink you've made especially for the evening for your guests."

When Hendricks isn't throwing perfect last-minute cocktail parties, she is, of course, the fiery Joan Holloway on the AMC period drama Mad Men, a role for which she is up for an Emmy this Sunday. It is her fourth nomination. "These characters are so well-written that there isn't one side to them. When we first saw Joan in season one, she was very different than now," says Hendricks on her secretary-turned-junior partner alter ego.

"There are so many sides to her. She's a working woman, a working mother. She's had a lot of trials and has bounced back. I think she's quite resilient. She's a fighter and she's a protector. I think those are qualities that women relate to."

Hendricks has her fingers crossed for Sunday night; she's even figured out where she might put her Emmy. "Were I lucky enough (to win), it would go on the mantle and go around the house. It would journey around," she says on her possible statuette.

DOROTHY ROBINSON/MWN

His hair may be short but Spader is a cut above the rest

The Blacklist. James takes on a sinister, enigmatic role in new crime series

MAJALUNDAGER
Metro World News in NYC

In real life, James Spader doesn't seem all that menacing. He's downright cheerful as he arrives for an interview, playfully doffing his summer-ish fedora and placing it on a table on top of a reporter's digital recorder.

Hatless, however, the newly shorn Spader has a decidedly different look. The Pretty in Pink actor wanted to mix it up for his role as a criminal mastermind who cuts a shocking deal with the FBI in the fall's most promising new network thriller, *The Blacklist*.

The three-time Emmy-winner plays the notorious Raymond (Red) Reddington who, for decades, has given the FBI fits as one of their most wanted fugitives. In Monday's pilot (10 p.m. E.T. on NBC and Global), he takes off a darker wide-brimmed fedora, gets down on his knees in the foyer of FBI headquarters in Washington and surrenders.

He does so, however, on his

He's not crazy

"Red is not a psychopath. He is someone who is much more of an enigma."

The *Blacklist* executive producer John Eisendrath.



James Spader as "Red" Raymond Reddington in *The Blacklist*. CONTRIBUTED

own terms: he will help the agency catch a long-thought-dead terrorist provided he speaks only to a rookie agent, Elizabeth (Liz) Keen (Megan Boone of *Law & Order: Los Angeles*). As they work through Reddington's long "blacklist" of enemies, the two are forced together into a cat-and-mouse relationship reminiscent of the main players in *Silence of the Lambs*. Except this series is not like that movie at all, insists executive producer John Eisendrath. "It's a great movie, and we would be lucky in some ways be compared to it, but I think there's a big difference between the characters on our show and the characters of Hannibal and Clarice," says Eisen-

drath. "Red is not a psychopath. He is someone who is much more of an enigma."

Spader agrees, saying the *Silence of the Lambs* impression disappears after the pilot. When Keen first meets Reddington, he's in custody, shackled to a chair. In future episodes, he'll be out in public, moving freely throughout the world. The *Lambs* imagery will end fairly soon, says Spader.

It's not the first time the Boston-born actor has played creepy or sinister. In his early films, such as *Pretty in Pink*, he had the bored swagger of an Ivy League lout. In *Sex, Lies and Videotape* and *Crash*, danger and perversity lurked right below an icy calm exterior.

Now 53, Spader has worked hard to broaden his persona through a diverse series of film, TV and stage roles, including his recent stint on *The Office*.

Showing up for *The Blacklist* with closely cropped hair was all Spader's idea. Part of it was his eagerness to cut any past impressions with the audience. "Actors are burdened with everything else they've done before in any role they're playing," he said, "and I thought it would be nice to take off my hat and it's an entirely different person."

Spader will be surprising fans yet again as the villainous robot Ultron in the next Avengers film, scheduled for release in 2015. **THE CANADIAN PRESS**

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Sitcom pays homage to the past

The Goldbergs. New series based on archive of VHS tapes from writer's childhood

From I Love Lucy at the dawn of TV, through Roseanne and Seinfeld and scores of long-forgotten shows, situation comedy has found inspiration in the lives of its creators.

But few sitcoms have been more autobiographical than The Goldbergs, which draws on the childhood and high-decibel domestic life of Adam Goldberg, who grew up to be an actor, director and producer.

But before that, as this show reveals amusingly, was a pint-sized videographer, capturing the hijinks of his home life as a preteen with his family's shoebox-sized VHS camcorder.

This was the 1980s, a simpler time when "there were no parenting blogs or peanut allergies," as the show notes wistfully, "just a whole lot of crazy."

Now the archive of tapes young Adam recorded (along with vivid memories he retains as an adult) propel The Goldbergs, a full-throated, funny and oddly charming comedy that serves as a timeless homage to child-raising.

"This is how you communicate: You scream and yell and a minute later everything is fine," says Goldberg, summing up his family's policy. "Then you move on."

And since there are more than 100 tapes reaching all the way into Goldberg's college



From left, Jeff Garlin, Wendi McLendon-Covey, George Segal, Troy Gentile, Sean Giambrone and Hayley Orrantia in a scene from The Goldbergs, premiering Sept. 24, at 9 p.m. ET. THE ASSOCIATED PRESS

years with his family, there will be no shortage of source material if the show catches on. (It premieres Tuesday at 9 p.m. ET on ABC.)

Goldberg says he nursed the idea for the show for years.

"For a long time I just wasn't ready to write something so personal about my family," he

says. "Then I had kids of my own, and I was able to look at how my parents raised me with some perspective."

Goldberg, now 42 and the father of a 5-year-old boy and a 2-year-old daughter, is ably portrayed as a precocious, camera-wielding 11-year-old by newcomer Sean Giambrone.

Adam's overbearing mother Beverly and gruff, excitable dad Murray are played by Wendi McLendon-Covey (Bridesmaids) and Jeff Garlin (Curb Your Enthusiasm).

Viewers who wonder just how true-to-life the series is will have their doubts eased at the end of the first episode, when

snippets from the show unfold alongside clips from Goldberg's tapes that mirror the scripted words and actions.

Goldberg says it was a two-minute sampler of the tapes that helped sell the show to the network, as well as selling certain of the actors on coming aboard.

Goldberg says the family members were initially "wary and nervous" at the notion of a sitcom about them, "but when they took another look at those old tapes, they were very touched: We yelled a lot, but at the end of the day we really loved each other."

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TV's queen of comedy takes on the big screen in her first leading role

Julia Louis-Dreyfus.

Actress gets a chance to exercise her tear-inducing chops in *Enough Said*

At the suggestion that she's the finest comedic actress of her generation, Julia Louis-Dreyfus sighs an expletive.

The grandness of the statement may make Louis-Dreyfus squirm, but it's worth considering. Think about her, as Elaine Benes on *Seinfeld*, swooning over John F. Kennedy Jr. Think about her, as Vice-President Selina Meyer on *Veep*, strategically finishing a 10K race behind a disabled veteran but before a costumed contestant ("I'm not going to get beaten by a banana!").

Few comedians have both her gift for physical comedy (furiously tearing away George Costanza's toupee) and vocal precision ("He took it out"). In male-dominated worlds as varied as the dating banter of *Seinfeld* and the Beltway politics of *Veep*, she's suffered countless indignities, yet always remained feistily combative.

"It's a very joyful way to make a living," Louis-Dreyfus remarked in a recent interview at the Toronto International Film Festival. "I kind of crave it, in a way. But it's fun to make them cry, too."



Julia Louis-Dreyfus, right, and James Gandolfini in a scene from the film *Enough Said*. THE ASSOCIATED PRESS

In *Enough Said*, which Fox Searchlight will release Wednesday, Louis-Dreyfus transfers her comedic gifts to the big screen and, finally, gets to exercise her tear-inducing chops.

It's also, somewhat staggeringly, the first lead role in a

feature film for the 52-year-old actress.

"I've spent the bulk of my career doing television and raising two children, who I'm still raising. So the idea of working eight, nine months on a series and then on my

break going off to do another project is something I just couldn't work into my life," says Louis-Dreyfus. "So I didn't, much to my agent's chagrin."

In *Enough Said*, which was written and directed by Nicole Holofcener (*Lovely and Amazing*), Louis-Dreyfus plays a divorced Los Angeles masseuse and mother who begins dating the ex-husband (James Gandolfini) of a new friend (Catherine Keener). It's a tender, unformulaic romantic comedy about the distrustful stage of

middle age when romantic opportunities seem like inevitable disappointment and children leave for college. "There was plenty to draw on," says Louis-Dreyfus who, despite a career playing interminably single or divorced

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Musical tribute to Kerouac in pipeline

Family affair. Author's nephew Jim Sampas pulled together various rockers to compile album dedicated to Tristessa

Several indie rockers have collaborated on a disc that pays tribute to a Jack Kerouac novel — and it's not *On the Road*.

The album, which features artists like The Low Anthem, William Fitzsimmons, Lee Ranaldo of Sonic Youth and Tony Dekker of The Great Lake Swimmers, is based on Kerouac's novel *Tristessa*, about a drug-addicted Mexican prostitute.

The project was pulled together by Jim Sampas, a producer who has specialized in musical tributes. He has made albums with artists interpreting songs on Bob Dylan's *Bringing It All Back Home*, Bruce Springsteen's *Nebraska* and the Beatles' *Rubber Soul*. He's also a nephew of Kerouac, who died in 1969.

Sampas also produced the documentary *One Fast Move Or I'm Gone: Kerouac's Big Sur* and accompanying album featuring Jay Farrar of Son Volt and Ben Gibbard of Death Cab For Cutie. The response to those projects encouraged him to further explore the musical possibilities around his uncle's work.



Author Jack Kerouac. AP PHOTO/STANLEY TWARDOWICZ

"There's a musicality in both his prose and poetry that worked well," he said.

A few of the participating artists followed Sampas' suggestion and recorded songs using the novelist's own words for lyrics. Others were inspired by the story, he said.

Peter Bradley Adams, one of the artists who recorded a song for the tribute, wrote his own lyrics for *She Has to Come Down*. He's a Kerouac fan but said he didn't know *Tristessa* until Sampas contacted him. "I read it and really responded to it," Adams said. "It's a really

fun, cool project to do."

The disc, released this week by the Boston-area firm Reimagine Music, features 19 singer-songwriters and is named *Esperanza: Songs From Jack Kerouac's Tristessa*. *Esperanza* is said to be the real name of the woman who was Kerouac's inspiration for the story.

"Despite what everyone says, there are a lot of people who still read books out there," Adams said. "I hope there's a resurgence of awareness about Kerouac."

THE ASSOCIATED PRESS

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The wondrous life of Junot Diaz

New book. Writer explores immigrant experience in *This Is How You Lose Her*

He has won a Pulitzer, teaches Americans how to write at MIT and his Spanish-sprinkled stories have been acclaimed in the United States.

But Junot Diaz, who arrived from the Dominican Republic at the age of six, says he has never stopped feeling like an immigrant.

And he thinks the idea of immigration reform is as romantic as the coming of Jesus.

"I am not a believer so I don't know," he said with skepticism in a recent interview.

"I hope he comes for whoever believes in him. And it's the same thing (with immigration reform)," he added. "I haven't seen much either from our political leadership or from our president. ... I don't know, to me, when I see it, I'll believe it. I can simply say that what I've seen most concretely

is an immense hostility toward immigrants and an immense disrespect for everything that we do for this country."

Diaz, who received the Pulitzer Prize for fiction in 2008 for his debut novel, *The Brief and Wondrous Life of Oscar Wao*, and who teaches creative writing at the Massachusetts Institute of Technology, is promoting the Spanish and paperback editions of his most recent book, *This Is How You Lose Her*, a collection of short stories about love, sex and estrangement that, like his previous work, gives the reader a look inside the immigrant experience.

"I'm not certain that anyone stops being an immigrant. With that said, I certainly never stopped being one," Diaz said. "I think most people have very little experience about the internal lives of immigrants and the reality of immigration. We have a lot of myths about it, and boy do we love our myths. We assume that immigration is a deficiency that can be overcome, that there's some strange advance that one

makes where one sheds this inadequacy to attain some sort of national purity."

The author, 44, also said that the rush to "overcome the immigrant" is a reflection of how immigrants and the process of immigration make people uncomfortable, something that is also reflected in a term he finds "sloppy": Spanglish.

Asked what he thought about what some Spanish scholars fear is the deformation of the language in the United States, he said he's more interested in the fact that today the U.S. has a massive bilingual community that is constantly replenished with the arrival of new immigrants in a way not seen in recent history.

"And the ability of the community to actively borrow from their vocabulary! You have Colombians being influenced by Venezuelans in the United States. You have Salvadorans being influenced by Puerto Ricans, you have Mexicans," he said. "We have multiple Spanishes and I think people are becoming multiply fluent." **THE ASSOCIATED PRESS**



Junot Diaz is a finalist for a National Book Award in the U.S. for his book *This Is How You Lose Her*. THE ASSOCIATED PRESS

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As usual Sparks fly in author's latest love story

Q&A. Creator of The Notebook and other romantic masterpieces talks about The Longest Ride, research, bullriding and cherishing his wife

ALSION BOWEN

Metro World News

Nicholas Sparks is back this fall with his latest, *The Longest Ride*, which weaves back and forth between two different couples' love stories. Characters we meet include Ira, a 91-year-old man stranded after a car crash and thinking back on his decades-long marriage, and Sophia, an East Coast gal who meets Luke, a bull-rider, on a fluke night out. Sparks, known for romances that readers devour and often become movies (most recently *Safe Haven*) spoke to Metro about getting into the minds of an elderly man and a college student, and keeping the

romance alive at home.

How did you come up with this idea? A recent trip to the rodeo?

Stories come from a variety of different ideas. Sometimes they've been inspired by events in my past or people that I know, or a scene that I want to explore. This particular novel came from an image of what I wanted the big surprise at the end of the book to be. I knew that, and then I knew the feeling that I wanted to create, surprise and wonder and "Oh my goodness, I can't believe that just happened, did I read that right?" This is what I wanted to create, so I said, "OK, so to put that in motion, art plays a role, how do we put that together?"

What was different about writing this?

The way I wrote it was different. Basically what I did was, I wrote Ira and Ruth's story up to the point where Ira's story intersects with Luke and Sophia's. Then I literally set Ira aside, on my desk by my computer. Then I wrote

Luke and Sophia's story. Then I wrote all the way through to the end. ... Then it took three hours to drop all those sections into the appropriate place.

What kind of research do you do for your books? Do you ever feel you need to explore what your characters do – in this case, that would be riding bulls or being trapped in a car?

I did not ride any bulls, but I've watched a lot of YouTube videos. My kids like (watching) the bull riding, my wife and I enjoy it. Certainly I did a lot of research, reading into bullriding in general. I have a brother-in-law who lives on a ranch, and so much of the information about the ranch, including the size of the ranch and how they spend their days, is really drawn from his specific experience. The 4H, that's my nephew's experience, the horse named Horse, that's my brother-in-law. ... They had to roll the pumpkins and shape the trees. I asked the same questions as Sophia, "What do you mean you have to roll the pumpkins?" These are literally drawn straight

from my conversations.

What's something you haven't been able to experiment with yet? A setting, or a genre or a character?

I'm really fortunate in that the genre I work in allows me to really experiment with a lot of elements from other genres. *Safe Haven*, I was able to add a thriller element. In *The Notebook*, I was able to add nostalgia. In *The Longest Ride*, I'm able to add an epic element. I'm very pleased, because the novels I write really explore the entire realm of human emotion: fear, surprise, mystery. I'm allowed to cover those things.

Last question for you. You write such romantic books. Is there a high expectation of flowers and romantic dates in the Sparks household?

There is. I do get my wife flowers, I send her cards. I just got her perfume for no reason, put it on her pillow with a card. I do my best. She's a great lady and she deserves a little bit of romance.



Author/producer Nicholas Sparks. GETTY IMAGES FOR RELATIVITY MEDIA



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He's big in Germany. He's virtually unknown in North America

Herbert Grönemeyer is one of the most popular musicians in his home country of Germany, having sold more than 13 million albums. But the venues he's playing on his first North American tour are decidedly more humble, and he's OK with that.

"You play in a way in front of people that haven't heard you before," he says.

"You have to focus much more on the music and convince the people that night and it brings you back to the roots where you actually started."

His sharp voice cuts through the fog of dark arrangements on his most recent release, *I Walk*, which is sung in English.

For comparison, think Steve Winwood or Peter Dinklage.

"There's a certain melancholic taste to it," he acknowledges, "but I'm a very optimistic person and when we play, we're very outgoing and quite energetic."



Herbert Grönemeyer. CONTRIBUTED

The first song on the album is *Mensch*, which he has reason to imbue with melancholy.

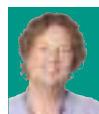
"I had quite a catastrophe in my life in the late '90s," he says.

"My brother and my wife died in the same week, and I'm very much a people-person, and my father was a very strong person and he always said, 'the only thing that carries you through life is your friends, just be careful to always look after them.' And in this moment of tough times, it proved exactly right."

PAT HEALY/MWN

3 songs for the weekend

Thanks, Internet, for being a repository of all that's cool and weird.



SOUND CHECK
Alan Cross
scene@metronews.ca



Fragile Friend/ Radiohead

Actually, this is by *On a Friday*, the name Radiohead traded under in their early days. The 1986 demo cassette from whence this came is now up for auction with an expected selling price of \$2,500.



Enter Sandman (Bluegrass version)/Iron Horse

A truly great song lends itself to being successful interpreted by different people using different styles. Here's proof.



Wrecking Ball (Nicolas Cage version)/Miley Cyrus

This could be the greatest gift from the Internet so far this month — or the worst. Just remember that once seen, it cannot be unseen. Proceed carefully.

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Kate Winslet. ALL PHOTOS GETTY IMAGES

Kate Winslet is going to stay Kate Winslet

Despite marrying Ned Rocknroll last year, Kate Winslet won't be taking his name, as she "was never going to change my name to Rocknroll," she tells the Telegraph.

And apparently it has nothing to do with how ridiculous her husband's legally changed name might sound.

Winslet reasons that she didn't change her name when married to Jim Threapleton or Sam Mendes, either.

"I quite like Kate

Winslet. In fact I think it's very flashy," she says. "I'm proud of my name because I'm one of three girls and we have one boy in our family so essentially the only person who is going to carry the name along is my brother and he doesn't have any children at the moment."

Winslet, who is already mother to Mia Threapleton, 12, and Joe Mendes, 9, is currently pregnant with her first child with Rocknroll.



Jennifer Aniston

Breaking news: gossip rags made up another Aniston story

It's time once again for Jennifer Aniston's rep to poo-poo another pregnancy story, this time from Us Weekly.

"Jennifer is not pregnant and their story is just another fabrication," her publicist says.

It's unclear what prompted the speculation this time

around, but Aniston has been trying to keep a sense of humour about it.

"It does feel like they've exhausted the speculation," she said in a television interview last month. "Why not just wait until we actually get to have the fun of announcing something?"

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



It's Dawson's Creek all over again

THE WORD

Melinda Taub
scene@metronews.ca

Diane Kruger and Joshua Jackson have been together for seven years, making them one of Hollywood's more successful couples. But their first date was so awful, he's lucky he ever got to see her again.

"He thinks he asked me out on a date, which is not true, because I did not agree to that. I agreed to have drinks with him," Kruger said during an appearance on

Conan on Tuesday.

Through the power of an eager expression and a clean shirt, Jackson managed to turn drinks into dinner — where, the German beauty says, he talked about himself for an hour and a half, in a restaurant that made her ill.

"It was overgrown with beautiful flowers, to which I had a huge allergic reaction — like really, really bad. I was sneezing and coughing and my eyes were watery."

He took her home in a stinky car his dog had chewed up, and when he went in for the kiss she seriously considered slapping him. All of which answered a burning question I didn't know I had: How much does Joshua Jackson resemble Pacey in real life? Answer: So much!



James Franco

Franco clowns the clowns

James Franco doesn't have a problem with gay rumours about him, but he does apparently have a problem with a few gossip websites. So Franco decided to use his Instagram account to poke some fun at the subjects of his ire, posting photos of himself locking lips and holding

hands with a mystery man, a shout-out to gossip site Gawker scrawled on it. "Just a Franco afternoon," he wrote.

He also posted photos of himself getting intimate in a car with a mystery woman, name-checking sites Perez Hilton and Just Jared in the process.



Lindsay Lohan

Lohan on the straight and narrow

In her post-rehab bid to stay clean, Lindsay Lohan has apparently found the right kind of partner. The troubled starlet is reportedly dating former football player Matt Nordgren, according to Us Weekly.

"He's a great influence on her, and her friends and

family love him," a source says. "He's older, a successful businessman and he has been a great friend to her. He's also a Christian and won't drink around her. He's trying to keep her sober and on the straight and narrow. He's really good for her."

Twitter



@kirstiealley

Im having a huge yard /estate sale this Fri Sat and Sunday. How the hell did all this stuff fit in this house?!



@ricky_martin

We are so attached to our way of life that we turn down opportunities simply because we don't know what to do.

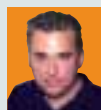


@billmaher

McCain & Lindsay r so mad when they roll out of bed every morning we re not at war with Syria! Relax guys, u still may get to bomb something.

Liquid Assets

A Sosaties sidekick



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

If I learned one thing about South Africa when I was touring its Cape vineyards a few years ago, it was that its population is gaga for grilling. They love it so much that the country's national holiday is called National Braai Day.

Sosaties is a South African twist on the Mediterranean kebab that typically skewers lamb, apricots and curry powder. Liquid partners don't come easy. Even if it's deployed lightly, the curry makes this dish a wine pairing challenge.

While an off-dry, white wine made with riesling or chenin blanc will hold up well when your plate throws some heat, sauvignon blanc-led white blends are a less conventional, though equally accommodating, choice.

The Beach House 2012 Sauvignon Blanc Semillon (\$9.95 to \$11.99) combines bright, citrusy flavours with a soft, tropical undercurrent that makes a great mate for shellfish and the spicy side of Sosaties' personality.

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S is for scrumptious South African Sosaties



This recipe, a South African take on kebabs, is a staple of the country's National Braai Day celebrations. COURTESY DISTELL GROUP LIMITED

Braai. The Afrikaans term for barbecue is a custom so prevalent in South Africa that it was given its own holiday. Celebrate on Sept 24.

1. Heat the oil in a frying pan and sauté the onion rings and green pepper blocks until very lightly cooked, making sure the onion rings remain intact. Drain them on absorbent paper.

2. Combine the apricot jam, vinegar, sugar, bay leaves, garlic, salt, pepper, turmeric and

curry powder in a ceramic or glass bowl and add the onion rings and green pepper.

3. Add the meat to the mixture and marinate for 24 hours in the fridge, stirring two or three times.

4. If the apricots are not soft, soak them in a little water until plump. You might also want to soak the skewers so that the exposed ends do not burn to charcoal during the cooking process.

5. When you are ready to cook, thread the cubes of meat, apricots, onion rings and peppers onto the skewers. Your barbecue's temperature should be

Ingredients

- 50 ml olive or cooking oil
- 2 large onions, both sliced into broad rings
- One green pepper cut into approx. 2.5 cm squares
- 3 tbsp of smooth apricot jam
- 15 ml wine vinegar
- 1 tbsp brown sugar
- 2 crushed bay leaves
- 2 cloves garlic, peeled and crushed
- 1/2 tsp salt
- 1/2 tsp of pepper
- 1 tsp turmeric
- 1 tbsp curry powder (mild korma to hot madras – the choice is yours)
- 500 g boned leg of lamb, cut into 2.5 cm cubes
- 125 g dried apricots

375 degrees or a medium heat. The recommended cooking time is 6 minutes per side with a half turn at three minutes.

6. Pour the marinade into a

saucepan, bring to a boil and keep warm to serve with the sosaties.

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Photo: Steven Ackerman

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Autumn gets bottled up early

Pumpkin Ale. Fall doesn't officially start until Sunday, but these seasonal brews have been in some stores for a month.

It's bad enough that back-to-school comes in June, and Halloween arrives in July. And of course we all know Christmas begins in September. But now even the craft beer industry is caving to seasonal creep.

This year, the beer drinker's harbinger of autumn — pumpkin ales — apparently couldn't hold off until the pumpkins actually ripened.

Summer doesn't officially end until Sunday, but some craft brewers couldn't even wait until then to roll out their pumpkin and other fall seasonal beers.

Many already have been in stores and on taps for a month. And not all beer drinkers are saying, "Cheers!"

"Everyone likes pumpkin beer, but you don't want it to come too soon. I definitely like to drink it in the appropriate season," says Nate Marsden, 23, of Boston, who nonetheless recently gave in to the temptation of his favourite seasonal brew, Pumking, an imperial pumpkin ale from Southern Tier Brewing Co.

He's got company. Beer connoisseurs who wanted to savour summer a bit longer have been airing their gripes on social media. Taking to Twitter with hashtags such as #HolidayFail and #Summer'sNotOver, people like Andrew Hickey let it be known they weren't impressed with the early start.

Forget being irritated about back-to-school ads, the 33-year-



Pumpkin ale is a favourite but is it too early to crack one open? MICHAEL FELBERBAUM/ THE ASSOCIATED PRESS

old tweeted — complete with a photo of the offending brew — back on Aug. 16. "Why is there pumpkin ale already on shelves?!"

"I think it's just a rushing the season kind of thing," said Hickey, of East Brunswick, N.J. "I'm guilty of drinking them but it seems like it's getting earlier and earlier each year."

Brewers were quick to explain that they didn't have much choice. They said increased demand and the size of their breweries meant they needed to start making the beer earlier. And that means it gets to consumers earlier, too.

"If you think it's too early for Pumpkin Ale, don't go get some," Schlafly Beer in St. Louis posted on its website in August. "It will still be on shelves for the next couple months (hopefully) and you can pick some up down the road."

Dan Kopman, the brewery's co-founder, said that in

a perfect world they'd have their summer offerings available through the end of summer, then start selling their fall beers soon after. "When something changes that has been very traditional, you're always going to get a comment," he says. "It's a great problem to have and is simply reflecting what's going on in the market."

Bars across the United States also have weighed in on the availability of pumpkin beers when temperatures are still hovering in summer status.

"We will not be tapping pumpkin beers until the fall, when the season is appropriate," says An Bui, the self-proclaimed chief beer officer at Mekong, a Vietnamese restaurant in Richmond, Va., that offers 50 revolving taps and more than 200 varieties of bottled beer.

"Seasonal beers are where

you taste the fruit or the flower of that period," Bui says. "It's so early. What's going on?"

Those who follow the retail trade also noted a possible reason for the premature arrival, aside from needing to start production earlier: capturing early demand.

"When you're selling seasonal merchandise, there's only a certain profit pool available to be had from that," says Craig R. Johnson, president of Customer Growth Partners, a retail consultancy. "If your objective is to capture the maximum share of the profit pool, you want to have your goods out there early because you'll be first in the marketplace."

And Marshal Cohen, chief industry analyst with The NPD Group, says brands and businesses trying to get that top-of-mind business are "willing to risk the absurd — even earlier than expected."

THE ASSOCIATED PRESS



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Johnson the Bombers' safety blanket on D

CFL. Veteran defensive back and Winnipeg's changing roster will look to avenge last loss to Edmonton

Jovon Johnson isn't surprised it's his turn to be pulled into the upside-down world that's been the struggling Winnipeg Blue Bombers' 2013 season.

The CFL's top defensive player in 2011 will switch from cornerback to safety when Winnipeg (2-9) hosts the Edmonton Eskimos (2-9) on Friday night.

Injuries are also forcing two new offensive linemen who began practising Tuesday to make their CFL debuts in the battle of the league's two worst teams.

Edmonton snapped an eight-game losing streak last weekend with a 25-7 home win over the Bombers.

"I've been in the defence probably longer than all of our coaches so I know what's going on, I know the defence inside and out," Johnson said after Thursday's walkthrough. "It makes more sense to move me to safety and switch one guy versus moving three guys that are all rookies into different spots and having them learn new jobs on the fly."

Johnson, who hasn't played safety since November 2011, replaces the injured Cauchy Muamba (ankle). Defensive back Marty Markett will move to Johnson's corner spot.

After injuries to veteran of-



Jovon Johnson will move from cornerback to safety in Friday night's game against the Eskimos. THE CANADIAN PRESS FILE

fensive tackles Glenn January and Shannon Boatman, the Bombers brought in Americans Dan Knapp and Jarvis Jones and they'll see action at right and left tackle, respectively.

"It is strange, but I'm actually excited about it," said Knapp, who played in four NFL exhibition games last year with the Oakland Raiders.

The biggest differences Knapp must adjust to are the

new rules and defences lining up a yard off the ball.

"It's something I've got to adjust to but I've been playing this game since the sixth grade," he said. "It comes natural, to a certain extent."

Knapp and Jones will have the task of helping protect starter Max Hall, another change from last week's roster.

For those trying to keep track of Winnipeg's quarter-

back carousel, former Bomber Buck Pierce (traded to B.C. on Sept. 8 for receiver Akeem Foster) started the club's first four games before being injured. Justin Goltz then started two games, Hall the two after that, before Goltz returned to start the last three contests.

The six-foot-four Foster will also play his first game for the Bombers, replacing injured receiver Cory Watson.

THE CANADIAN PRESS

Week 13 pick



Eskimos at Bombers, Friday, 7 p.m. (TSN) Mike Reilly and the Edmonton Eskimos can do something Friday night they haven't done all season: win two straight games.

The Eskimos (2-9) visit the Winnipeg Blue Bombers (2-9) with a chance to sweep the home-and-home series. Reilly threw for 196 yards and three TDs and ran for 113 yards in leading Edmonton to a fairly convincing 25-7 home win Saturday.

The victory was Edmonton's first at Commonwealth Stadium this season and ended an ugly eight-game losing streak. For his efforts, Reilly was named the CFL's offensive player of the week.

The Bombers are ranked last in scoring, passing and net offensive yards. Two weeks ago, Winnipeg beat the Saskatchewan Roughriders 25-13 for its first-ever win at Investors Group Field. But the Bombers had no first downs in the opening half and Justin Goltz threw for just 129 total yards with an interception and no touchdowns.

Pick: Edmonton.

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Jets defenceman Dustin Byfuglien tries to clear the Wild's Nino Niederreiter from the front of Al Montoya's net on Thursday night at MTS Centre. JOHN WOODS/THE CANADIAN PRESS

Jets' best not nearly good enough to slow down Wild

NHL. Winnipeg gets pre-season taste of what to expect from tough new division

The Minnesota Wild overcame a loaded Winnipeg lineup to beat the Jets 4-1 without their stars in pre-season action Thursday.

The Wild (2-1-0) didn't dress top point getters such as Zach Parise, Mikko Koivu and Ryan Suter, while the Jets (1-2-1) had plenty of regulars on the ice.

Mathew Dumba, Charlie Coyle and Kris Foucault scored for the Wild. Steven Kampfer finished things off with a goal into an empty net.

Bryan Little had Winnipeg's only goal.

It was a preview of what the Jets can expect in their new Central Division, which includes Minnesota, Chicago, St. Louis, Nashville and Dallas.

The tone was set early when Dumba scored on a loose puck that floated in and out of a scramble in front of the Winnipeg net past a sprawled Al Montoya.

The Jets had trouble getting shots off in the first period and went 0 for 3 on the power play.

They finally made one count when captain Andrew Ladd intercepted a sloppy pass just past the slot and spun it back to linemate Little, who flipped a backhand past Josh Harding.

But the second period was even less successful for the Jets, who gave up two quick goals just 16 seconds apart.

It started with a two-on-

On Thursday

4

Wild

1

Jets

one that led to a give and go between Coyle and Dany Heatley, cashed in by Coyle, then another from Foucault on one more rush the Jets were unable to stop.

Winnipeg's power play was a flop, even though the Wild provided plenty of chances, including four minutes straight in the third with back-to-back cross-checking and high-sticking penalties for Dumba and Kyle Medvec.

THE CANADIAN PRESS

World's fastest man

2016 retirement? Not so fast: Bolt

Quick as can be, Usain Bolt is backtracking on his retirement plans.

Less than three weeks ago, the Olympic champion said he planned to stop sprinting after the 2016 Rio de Janeiro Olympics. But the Jamaican said on Thursday he was looking to extend his career by a year, meaning he could quit after the 2017 world championships in London.

"I am definitely reconsidering," the 27-year-old Bolt said while in London on a book promotion tour. "I think my fans especially have really voiced their concern about me retiring."

"They think I should carry on and so do my sponsors. I have discussed it with my coach and he says it is possible. We will see what happens but it's on the cards that I will extend it by one more year."

The 2020 Tokyo Olympics are not in his thoughts.

"It's a long way away, but if I win the next Olympics I will have done everything I wanted to do in my career," Bolt said. "So there would be no reason to continue."

THE ASSOCIATED PRESS

MMA. Jones covers trinity of topics ahead of UFC 165

A smiling Jon (Bones) Jones walked on to a makeshift stage Thursday to confront underdog challenger Alexander (The Mauler) Gustafsson.

Always thinking of a new angle, Jones was wielding a smartphone in front of him. His view of the square-off would soon be posted on Instagram, the UFC light-heavyweight champion told the media in front of him.

Jones (18-1) took to social media soon after, managing to squeeze a biblical verse, Nike and Gatorade into the same tweet.

"There is nothing special about me, I just work extremely hard," he wrote. "Anything can happen."

A picture below showed a smiling Jones, a Nike swoosh prominent on his hoodie, pointing to a bottle of Gatorade — his latest sponsor. To further make his point, he added Philipppians 4:13 and the hashtags for both companies.

Fighter, man of faith and six-foot-four, 205-pound billboard, Jones is currently the brightest star in mixed martial arts.

A victory at UFC 165 Saturday and Jones will set the

Not impressed



"He's a good puncher, he has pretty good footwork. Not a great boxer."

UFC light-heavyweight champion Jon Jones, who seemed less than impressed by Alexander Gustafsson's striking at Thursday's press conference.

record for most consecutive title defences (six) in UFC light-heavyweight history. He already holds the record for most submissions (five) by a light-heavyweight and is tied for most finishes (nine).

About the only people who believe Gustafsson can win are those in the challengers' camp.

Jones, 26, believes this defence will go the way of all the others.

"I think I have a lot more tools in this fight to win the fight," he said.

The bookies have made Jones anywhere from a 9-1 to 20-1 favourite to beat Gustafsson. THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	93	61	.604	—
Tampa Bay	83	68	.550	8½
Baltimore	81	71	.533	11
New York	80	73	.523	12½
Toronto	70	82	.461	22

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	89	64	.582	—
Cleveland	82	70	.539	6½
Kansas City	80	72	.526	8½
Minnesota	65	86	.430	23
Chicago	60	92	.395	28½

WEST DIVISION

	W	L	Pct	GB
Oakland	89	63	.586	—
Texas	82	69	.543	6½
Los Angeles	74	78	.487	15
Seattle	67	86	.438	22½
Houston	51	101	.336	38

Thursday's results

Toronto 6 N.Y. Yankees 2
Boston 3 Baltimore 1
Detroit 5 Seattle 4
Houston at Cleveland
Texas at Tampa Bay
Minnesota at Oakland

Wednesday's results

Baltimore 5 Boston 3 (12 innings)
Cincinnati 6 Houston 5 (13 innings)
Kansas City 7 Cleveland 2
L.A. Angels 5 Oakland 4 (11 innings)
Minnesota 4 Chicago White Sox 3
N.Y. Yankees 4 Toronto 3
Seattle 8 Detroit 0
Tampa Bay 4 Texas 3 (12 innings)

Friday's games — All Times Eastern
San Francisco (Lincoln 10-13) at N.Y. Yankees (Sabathia 13-13), 7:05 p.m.
Houston (Oberholtzer 4-3) at Cleveland (McAllister 8-9), 7:05 p.m.
Chicago White Sox (Rienzo 2-2) at Detroit (Scherzer 19-3), 7:08 p.m.
Toronto (Rogers 5-7) at Boston (Lester 14-8), 7:10 p.m.
Baltimore (Hammel 7-8) at Tampa Bay (Price 8-8), 7:10 p.m.
Texas (Perez 9-5) at Kansas City (Santana 9-9), 8:10 p.m.
Minnesota (Albers 2-3) at Oakland (Colon 13-6), 10:05 p.m.
Seattle (Ramirez 5-2) at L.A. Angels (Shoemaker 0-0), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	90	62	.592	—
Washington	82	71	.536	8½
Philadelphia	71	81	.467	19
New York	68	84	.447	22
Miami	56	97	.366	34½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	89	64	.582	—
Pittsburgh	88	65	.575	1
Cincinnati	87	66	.569	2
Milwaukee	68	84	.447	20½
Chicago	64	89	.418	25

WEST DIVISION

	W	L	Pct	GB
x-Los Angeles	88	65	.575	—
Arizona	77	75	.507	10½
San Diego	71	81	.467	16½
San Francisco	71	82	.464	17
Colorado	70	84	.455	18½

x — clinched division.

Thursday's results

Chicago Cubs 5 Milwaukee 1
Colorado 7 St. Louis 6 (15 innings)
L.A. Dodgers 7 Arizona 6
Pittsburgh 10 San Diego 1
San Francisco 2 N.Y. Mets 1
Washington 3 Miami 2

Wednesday's results

Arizona 9 L.A. Dodgers 4
Atlanta 5 Washington 2
Miami 4 Philadelphia 3 (10)
Milwaukee 7 Chicago Cubs 0
N.Y. Mets 5 San Francisco 4
San Diego 3 Pittsburgh 2
St. Louis 4 Colorado 3

Friday's games — All Times Eastern
Atlanta (Maholm 10-10) at Chicago Cubs (Baker 0-0), 2:20 p.m.
Cincinnati (Latos 14-6) at Pittsburgh (Liriano 16-7), 7:05 p.m.
N.Y. Mets (Matsuzaka 1-3) at Philadelphia (Hamels 8-13), 7:05 p.m.
Miami (Turner 3-7) at Washington (Zimmermann 18-8), 7:05 p.m.
St. Louis (Miller 14-9) at Milwaukee (Heller 1-4), 8:10 p.m.
Arizona (Delgado 5-6) at Colorado (Chacin 13-9), 8:10 p.m.
L.A. Dodgers (Volquez 9-11) at San Diego (Erin 2-3), 10:10 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	11	7	4	0	321	288	14
Hamilton	11	5	6	0	288	303	10
Montreal	11	4	7	0	259	321	8
Winnipeg	11	2	9	0	224	333	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Calgary	11	9	2	0	346	268	18
Saskatchewan	11	8	3	0	354	258	16
B.C.	11	7	4	0	301	280	14
Edmonton	11	2	9	0	259	301	4

Friday's game — All Times Eastern

Edmonton at Winnipeg, 8 p.m.

Saturday's games

Montreal vs. Hamilton (at Moncton), 4 p.m.

Toronto at Calgary, 7:30 p.m.

Sunday's game

B.C. at Saskatchewan, 4:30 p.m.

NFL

Thursday's result

Kansas City at Philadelphia

Sunday's games — All Times Eastern

Tampa Bay at New England, 1 p.m.
Green Bay at Cincinnati, 1 p.m.
Cleveland at Minnesota, 1 p.m.
Houston at Baltimore, 1 p.m.
San Diego at Tennessee, 1 p.m.
N.Y. Giants at Carolina, 1 p.m.
Arizona at New Orleans, 1 p.m.
St. Louis at Dallas, 1 p.m.
Detroit at Washington, 1 p.m.
Atlanta at Miami, 4:05 p.m.
Indianapolis at San Francisco, 4:25 p.m.
Jacksonville at Seattle, 4:25 p.m.
Buffalo at N.Y. Jets, 4:25 p.m.
Chicago at Pittsburgh, 8:30 p.m.
Monday's game
Oakland at Denver, 8:40 p.m.

MLS

Friday's game — All Times Eastern

Colorado at Portland, 10 p.m.

Saturday's games

Vancouver at Montreal, 2 p.m.
Kansas City at Toronto, 4 p.m.
Chicago at Columbus, 7:30 p.m.
D.C. at New England, 7:30 p.m.
Chivas at Houston, 8:30 p.m.
San Jose at Salt Lake, 9 p.m.
Seattle at Los Angeles, 10:30 p.m.
Sunday's game
Dallas at New York, 5 p.m.

Dodgers are baseball's comeback story of 2013

Bouncing back.

Dodgers went on 42-8 run to go from last place to a division title

The Los Angeles Dodgers soaked everyone in sight with champagne in the clubhouse. Many players raced back out for a celebratory dip in Arizona's Chase Field swimming pool.

From last place to an NL West title in less than three months, they sure let loose.

Burdened by high expectations and a horrible start, the Dodgers relieved their pent-up pressure with a joyful celebration after becoming the

first team this year to clinch a playoff spot. Hanley Ramirez homered twice as they rallied to beat the Arizona Diamondbacks 7-6 on Thursday.

"I want to keep going," Ramirez said. "I think that we've got a couple of more steps to do. We've got to keep working and stay together all the way through to the end."

Ramirez was back in the lineup after being sidelined five of six games with an irritated nerve in his lower back. He's played 1,090 regular-season games but will be making his first trip to the post-season.

Despite an NL-high payroll of \$214 million-plus on opening day, the Dodgers got off to an 30-42 start and were last in the division, 9 1/2 games behind the first-place Diamondbacks, before play on June 22. Los Angeles has gone 58-23 since, including an unreal 42-8 run that coincided mostly with dynamic Cuban defector Yasiel Puig's call-up to the major leagues. **THE ASSOCIATED PRESS**

Quoted

"We've got to keep working and stay together all the way to the end."

Dodgers shortstop Hanley Ramirez



The Dodgers' Matt Kemp celebrates after Thursday's win over the Diamondbacks to clinch the NL West title. MATT YORK/THE ASSOCIATED PRESS

MLB

Tigers claw back to beat the Mariners

Prince Fielder had three hits and scored the tiebreaking run in the seventh inning on a close play at the plate, leading the Detroit Tigers over the Seattle Mariners 5-4 Thursday.

Detroit trailed 4-3 after Seattle's Dustin Ackley hit a three-run homer in the fifth, but Fielder's RBI single in the seventh tied it. Then he scored from first when Victor Martinez doubled off Charlie Furbush (2-6).

Torii Hunter homered for the Tigers. Doug Fister (13-9) struck out 10 in 7 2/3 innings. Drew Smyly got one out, and Joaquin Benoit pitched a perfect ninth for his 22nd save in 22 chances.

Detroit pushed its AL Central lead to 6 1/2 games.

Second-place Cleveland hosted Houston on Thursday night.

THE ASSOCIATED PRESS

World Cup

Brazil looks overseas for drug testing

With one lab suspended and its replacement unfinished, Brazil won't be able to handle drug testing for the 2014 World Cup alone and is looking overseas for help, the executive director of the country's anti-doping authority said on Thursday.

In an interview, Marco Aurelio Klein told The Associated Press that Brazil's new doping lab in Rio de Janeiro should be up and running a year ahead of the 2016 Olympics.

But the lab won't be ready for the World Cup next June and July, he said.

The existing Rio lab that Brazil was expecting to use had its accreditation revoked last month by the World Anti-Doping Agency. WADA cited "repeated failures" by the facility. Without accreditation, the lab isn't authorized to do WADA-recognized anti-doping activities.

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Seahawks playing air-tight defence

Stingy D. Seattle has allowed 10 points in its last two games, while missing three starters

Expectations are so high in the Seattle Seahawks locker-room that what's impressive to others is merely acceptable to them.

In two games, the Seahawks' swarming defence has surrendered only 10 points, shutting down Carolina and San Francisco. They've made Cam Newton and Colin Kaepernick look confused, created game-changing turnovers and shown just how much fun it is making the game miserable for others.

And the Seahawks are putting on this defensive show missing at least three expected starters.

Impressive, right?

"I'm not really impressed,"



All-Pro safety Earl Thomas
STREETER LECKA/GETTY IMAGES

All-Pro safety Earl Thomas said. "I expected that."

On a team with offensive stars like Russell Wilson and Marshawn Lynch, Seattle's defence is deservedly getting praise for what they've done to start the season.

The numbers are only likely to get better facing woe-ful Jacksonville on Sunday, a matchup between the worst

total offence in the NFL and the best total defence.

"Watching the defence is just, 'Wow, how can you make the defence that much better?'" Seattle defensive end Cliff Avril said.

The Seahawks lead the league in fewest yards allowed and turnovers. Seattle also doesn't give up big plays, leading the NFL by allowing just two plays of 20-plus yards thus far. According to STATS Inc., Baltimore and Kansas City are the only other teams that have allowed just three red-zone drives. While they were the best scoring defence in the NFL a season ago, Seattle is playing even more aggressively than before.

That might not seem possible considering the physicality they've become known for, especially on the outside. But new defensive co-ordinator Dan Quinn is bringing more pressures and allowing his secondary to play more man defence. **THE ASSOCIATED PRESS**

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Horoscopes

Aries

March 21 - April 20

It'd be smart to keep your opinions to yourself over the next 24 hours, but it's unlikely you will. Maybe it's for the best. Maybe it's time you lay down the law. But make sure you stick to the law too.

Taurus

April 21 - May 21

You're not allowed to fail. At least that's what you tell yourself. The planets say different — they say you're human like everyone else.

Gemini

May 22 - June 21

Mercury, your ruler, is at odds with Pluto, planet of excess, which means you will most likely open your mouth and put both feet in it — again. Just be careful what you say does not cost you some serious money.

Cancer

June 22 - July 23

You want to be totally honest but you fear that if you speak your mind it will be taken as a declaration of war by certain people. What of it? That's their problem, not yours. Speak up.

Leo

July 24 - Aug. 23

There is something that needs to be cut out of your life and if you don't get rid of it now, you may be stuck with it forever. Pluto power will help you to be ruthless today.

Virgo

Aug. 24 - Sept. 23

You may be in the minority as far as certain viewpoints are concerned but according to the planets you are on the side of the angels, so stop worrying about what others might think and do what you know to be right.

Libra

Sept. 24 - Oct. 23

Libra is a cardinal sign, which among other things means you enjoy arguing about controversial issues. Today though, you must make sure that all your facts are just that.

Scorpio

Oct. 24 - Nov. 22

You'll shock people with what you say, and with the forthright way in which you say it. Pluto, your ruler, is moving in your favour again, so chances are you'll get away with it.

Sagittarius

Nov. 23 - Dec. 21

Why are you so scared to make contact with new people? Whatever the reason, get over it because you will meet some interesting characters today — the kind who can open doors and swell your bank balance.

Capricorn

Dec. 22 - Jan. 20

You have every right to express your opinions but don't forget others have a right to disagree with you. Some of the feedback you get today may not be favourable but it will make you think and that's good.

Aquarius

Jan. 21 - Feb. 19

Try not to get bogged down in details. Once you look closely at one thing, you will start looking closely at everything, and there's just no need. You're a "big picture" person, so leave the small stuff to others.

Pisces

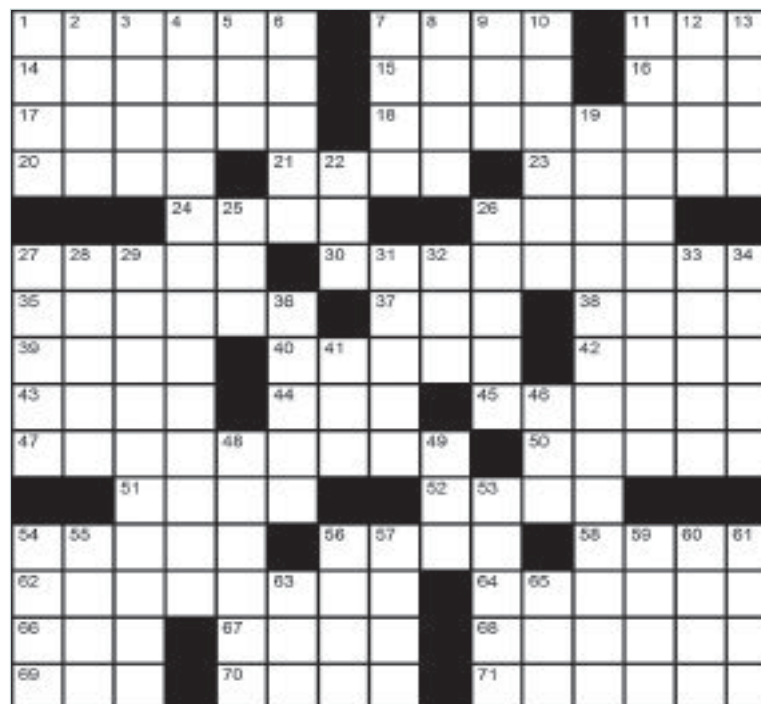
Feb. 20 - March 20

Don't waste time explaining to others why you decided on a certain course of action. Either they don't understand or they think it will inconvenience them. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Canuck songs, TV shows, etc.
7. "Friends" hangout, Central
11. Alphabet sequence
14. Baltimore baseball player
15. Port of Yemen
16. "—hoo!"
17. Fabric kind
18. How spies conduct their business: 2 wds.
20. Being, in Latin
21. Canned fish
23. Sch. subject
24. Mr. Orbison's
26. Schooling [abbr.]
27. More knowing
30. Pumice and emery
35. Musical pieces for Chopin
37. Tennis term
38. Expression of relief
39. Dig
40. Create on a loom
42. Fringe
43. "I'm coool!"
44. Jackie O's hubby
45. Don Juan types
47. Winnipeg-born comedian David
50. Ms. Reid of "King of Kensington"
51. Citrus drinks
52. Scandinavian rugs
54. Wife of Hagar the Horrible
56. Greek Myth: Earth goddess [var. sp.]



58. Salts: French
62. Brief opera solos
64. Juno-winning group, The '—' Jennys
66. Shuttle's docked-to-thingy [acronym]
67. Mr. Estrada
68. Canadian actress/director Sarah
69. Finished with work [abbr.]

70. Sisters
71. Cookie bag row

Down

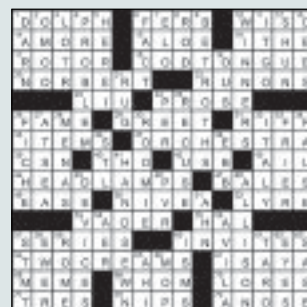
1. Whale (Nunavut hamlet)
2. Ancient Greece's war god
3. Naughts
4. Hartland, NB is home to the world's

- longest what?: 2 wds.
5. Grand — Opry
6. Mesh-like
7. Anguish
8. Purple-haired persona, Dame
9. Home base, for short
10. Works the dough
11. Song on YouTube displaying all the

- words: 2 wds.
12. — & Chandon Champagne
13. Chris of "The Good Wife"
19. Tomahawk, in modern day warfare: 2 wds.
22. Can. neighbour
25. Sort of deposit
26. Meal's consumer

27. "Dragnet" star Jack, and others
28. "But is —?" (Query about an abstract painting, perhaps)
29. Salvador Dali, for one
31. Tony — (Former British PM)
32. Race the motor
33. Incite: 2 wds.
34. "— Lady" by Tom Jones
36. Q-Tips, for example
41. Yore's 'before'
46. "Son — gun!": 2 wds.
48. Make more organized
49. Athens' country, to the IOC
53. Woof-woofs whinily
54. Salon's styled stuff
55. Highlands tongue
56. Acquire
57. Calls for
59. Reese's "Legally Blonde" (2001) role
60. Mr. Schreiber
61. Fort McMurray waterway
63. Writer Mr. Capote, to pals
65. Part of Time Warner's name, once

Yesterday's Crossword

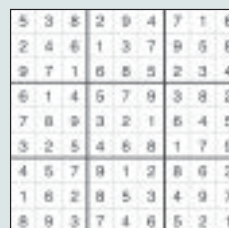


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: 14°
MIN: 4°

SATURDAY



MAX: 17°
MIN: 5°

SUNDAY



MAX: 20°
MIN: 8°



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